



Look forward to some interesting archive snippets. Here Emma Moody explains the importance of the Galoppen series.



Corona Virus Update

Well a lot can change in a week (& even a day), when a pandemic is sweeping the nation...but the sun still shines and the daffodils still bloom.

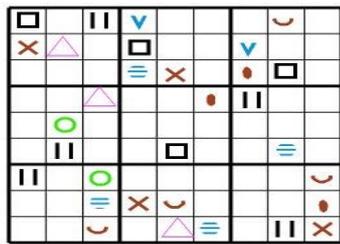
As you will all know by now things have moved on considerably from last week. Sadly all Club activities are on hold and all events cancelled until further notice.

Government guidance urges us to avoid non-essential travel and to exercise social distancing and now following a weekend where people flocked to the hills; the local mountain rescue teams and the BMC have stated that people should stay off the fells. This is to abide by the Gov's guidance to avoid non-essential travel and to avoid the risk of trips and falls that might require the assistance of the rescue teams and put an additional burden on the already overwhelmed health service.

It is important that as far as possible we all heed the relevant Government guidance which changes on an almost daily basis and which can be found at www.gov.uk.

Some alternative activities you might enjoy—

- 1. Route to O—Season 2020—http://news.worldofo.com—a fun activity where you are asked to plot your preferred route between two designated controls. You can then compare your route to those plotted by others and those who ran the actual event.
2. If you are on Instagram check out, 'Path or Crag'.
3. British Orienteering—have several webinars available for viewing covering such things as—Purple Pen, Routegadget, Coaching Sessions, Club Development and Communications.



Thank you to Mike Pearson for this Suduk-O. More will follow in coming weeks.

My 1994 Galoppen

Emma Moody

I would rather win a prize at the Cumbria Galoppen than win W21E at the JK as you get one of Chris Bland's lovely slate trophies in the Galoppen rather than a nasty big silver thing.

Well done to everyone who helped the club to such a stunning victory. Mine must have been the easiest prize to win as I think I was the only woman to complete five or more events on the Brown, however, if 'Maggies Comeback' continues at the present rate I'll have more competition next year. Anyway, here are a few comments on another great year of Galoppens.

The year started off with Gelt Woods, a nice fast run round some pretty woods, but with it being their Compass Sport Cup match, LOC were out in force so bagged a lot of the points. Next was Dent and Flat Fell, a nice course but I think I ended up last or second to last as I had problems with a disappearing boulder in the wood (strange things happen in Dent Forest). However, I got a few points as there wasn't a very big turnout. (Handy Hint: To get lots of galoppen points, go to events that won't have many people at them).

Unfortunately I missed the next three events in the series so the next event was Wasdale on a beautiful May day. This event had the best views of any event. I had done half of the Bob Graham round the day before, so wasn't feeling very lively but I enjoyed it. Next stop, Silver Howe for a fun filled run around the juniper

bushes. I was enjoying myself so much I ran up and down an extra hill.

I missed Brownrigg, so Blakeley was next for an enjoyable gallop around the fells. I ran as fast as I could but all these men kept overtaking me. The next event I went to was Whinlatter where I had a really nice time and had some lovely soup at the Visitor Centre tea room.

The final event was Faulds Brow on a wet (just for a change) November day. I'm not very good at finding pits so I lost a bit of time. Walter stormed past me near the end, but worst of all I fell in a sphagnum bog up to my armpits, and still didn't feel solid ground. Steve who had overtaken me and trampled on my foot at the last control glanced back and kept on running. I pulled myself out but from the smell I reckon there must have been a couple of dead sheep in there with me. Afterwards Steve said in his defence "I heard you scream but you seemed to be crawling out". (Handy Hint 2: If you want a knight in shining armour don't go out with an elite orienteer).

All in all a brilliant year and I'd like to thank all those planners, organisers and helpers who made it possible, especially the lovely Len Scott, the only man to have seen the legendary Eel Tam Donkey and lived to tell the tale.



Coming up...with your help -

- 1. I will be asking newer members to introduce yourself to the Club—expect an email!
2. I would like to do a feature on the Club's many British Champions—please respond.
3. Also a bit of a desert island discs activity—wait and see!

All ideas/contributions will be gratefully accepted!

Spot the alternative activities!



Twitter: You can follow @WCOOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.