

No new guidance since last week but there remains a little more freedom to travel further afield for exercise and the ability to meet one person from outside your household in the outdoors so things are slowly getting easier.

* NEWS *

- URGENT—Committee Meeting—** There will be a virtual Committee Meeting to discuss future events. It will be conducted via Zoom (free and easy to use). **ALL members are welcome to take part. Wednesday 27th May @ 7 pm. You will need to contact Steve Breeze who will provide you with the necessary code to enter the Zoom meeting.**
- More Lockdown orienteering events coming up—Friday 5th June—Sunday 7th June (Cheap entries close today. Final entries close Friday 5th June). Also late June there will be the British Open Championships and TBC a junior-only weekend. For details and to try stages from the previous competitions visit <https://lockdownorienteering.com>
- NT carparks are now reopen. Having checked the website it appears that the only one in Cumbria that requires pre-booking is the one at Aira Force. Normal charging rules apply.
- Sadly but not unexpectedly Peter Palmers has now been cancelled for this year.



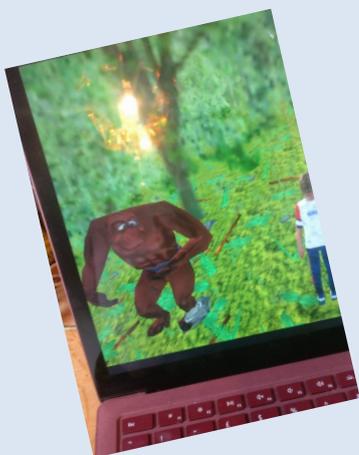
Lockdown Team Competition



WCOOC managed to turn out a team for the Lockdown orienteering team competition over the weekend. The team of Mike Billingham, Emma Crawford, Sophie Crawford, Isaac Hunter, Jane Hunter, Janette McKendry and Joe Sunley completed 7 challenges over the weekend; such things as Street-O, (orienteering around a French town using Google Maps); Up & Down (looking at a control on a map to decide whether you are running up, down or a combination of both. It sounds easy but really isn't); Trail-O (one control, four photos – which is the photo of the control); Shortest Gaffle (3 routes but which one is the shortest) and the classic Catching Features where you need to avoid the grumpy gorilla who will knock you for six if you get too close!



Much fun was had by all and the newly emerging Virtual- O star, Joe Sunley made it two wins out of two. The overall competition was won by a French team, with Austria 2nd and a Japanese team 3rd. EUOC were first British team in 6th and WCOOC finished 20th.



Twitter: You can follow @WCOOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.





This week's Desert
Pete Nelson



(Isolation) Island Discs featuring



I've always been a runner and a navigator. I remember being caught up in an impromptu 'round the block' race, where I got tired and took a short cut through a ginnel I knew. More acceptable in orienteering than road running, though I didn't know it then. That was when we lived at Mirehouse (the council estate, not the stately home!). We left there when I was seven years old.

In about 1966 my dad Ray decided he should get better at navigation for fell walking, and did some evening sessions organised by Joe Long and Frank Travis, founders of the club. That led to us doing our first event (as a novice pair) in 1967 round the fields at St Bees.

The club was started about that time, by Joe and Frank. I thought I was a founder member, but my subs weren't paid until November 1967 (Half a crown – two shillings and sixpence, or 12 1/2p). Those ahead of me (in September 1967) included Jos Naylor, Chris Bonington, and Sue Parkin (nee Banner).

I helped on the club's early maps (Blengdale, Setmurthy, and Miterdale) and made my first solo map, of Lowther Park, in 1971. It was drawn on the dining room table in pen & ink.

In 1969 I went to an AGM or EGM which was rather dramatic, and led to the club founders going off to form FRA (later CFRA). That was exciting, but put me off club committees for life. I've stayed off ever since.

Mum & Dad were brilliant, taking me and others off every weekend all over the country. I remember one year we did 52 events. The best thing that happened to me in my teens was getting on the regional and national junior squads, and going on training trips to Norway and Sweden. That helped not just my orienteering but my independence and confidence.

I chose my University (Sheffield) on the strength of its orienteering club (SHuOC) – and the funding that went with it. There were student grants in those days, and the uni paid for all our entry fees and weekends away as well. But after paying for my Hall of Residence, I had about £3 a week to live on. Special training shoes were a luxury, so I trained on the roads in my worn out Kompassrosen studs. That started my knee problems. I got on to the senior squad in my second year, and trained even harder, rupturing a tendon in my knee. My world fell apart (and so did my studies). As I picked myself up I resolved never to commit so absolutely to a single sport again.

Fell running followed, then with more knee trouble I took up horse riding, dinghy sailing, and cycle time trialling.

In about 1979 I met Barbara, in the back of a car on the way to the Fairfield Horseshoe Fell Race. We've been together in the outdoors ever since. Fell running until our knees told us to stop, then peak bagging, sea kayaking and cycling.

I didn't do a lot of big events after that, but I never stopped mapping. When Thursday nights became a regular fixture (first fitness training, then actual orienteering) they were an important part of my life. They still are.

Five years from the age of 59 gave me a wonderful Indian Summer of long fell races and ultramarathons. That finished off my knees, so now I do mostly mapping and a little light peak-bagging.

Alternative lockdown training: living where we do, it's just been more of the same – lots of time on the fell. I've got more cycling in (less mapping and other survey work), and getting back up Cold Fell at the end of every ride has definitely helped my fitness. When it looked like the fells might be closed I cut a running track in our back field (seven laps to the mile); I used it for the 2.6 challenge a few weeks ago.

Favourite Event: Copeland Chase

Music: I'm not very musical but my parents took me to see The Sound of Music, so Climb Ev'ry Mountain and when we're in the van we listen to (amongst others), Bruce Springsteen: Born to Run, Tom Petty: Wild flowers, Capercaillie: Beautiful Wasteland, Karen Matheson: The Dreaming Sea.

Book: The collected works of Eric Shipton (the thinking man's Bill Tilman)

Luxury: Compass, pencil, and paper, of course. This will be the best mapped desert island ever!

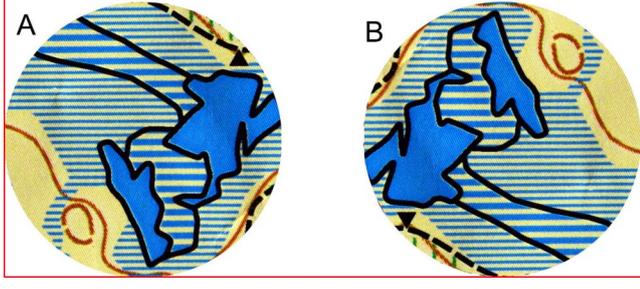


Swiss—O Week 1975
Pete 2nd on the podium.



Puzzle Corner

Name the map/area, and which one is set to north?



Last week's answer was Scale Hill and Map B faced North.

Which Areas—hope you're all saving your answers! (Week 7 25th May 2020)

Photo 1—Mid-distance shot of Area 1

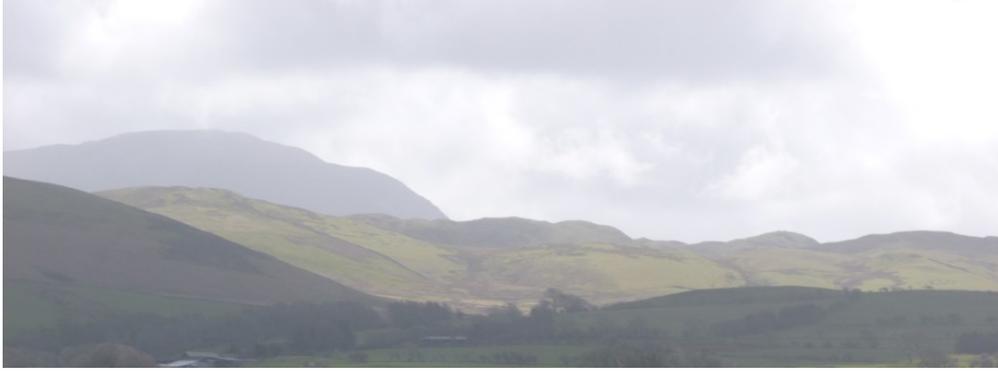


Photo 2—Looking into Area 2 from where we park.

