

GOOD NEWS!

After the success of the inaugural post-lockdown event at Mawbray last week; the Club's Thursday evening events continued with Mike Pearson's Low Rigg event. As well as regular Club members, there were participants from our local neighbours, BL, LOC and WAROC and visitors from further afield, including DEE and SYO. Thanks to Mike for planning and organising the event. (See results below)

Long Results

4.85km

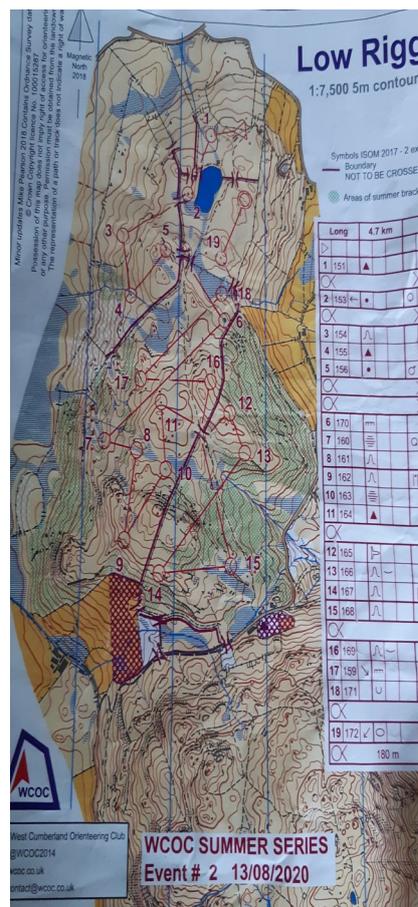
Pos	Name	Club	Age Class	Time	Behind
1st	Steve Birkinshaw	WCOC	M50	30:27	
2nd	Ben Squire	NOC	M16	31:58	+1:29
3rd	Joe Sutley	WCOC	M18	31:57	+1:30
4th	Anthony Squire	NOC	M40	32:08	+1:41
5th	Ben Breeze	WCOC	M20	35:10	+4:43
6th	Herbie Ashworth	WCOC	M16	36:53	+6:26
7th	Simon Hunter	WCOC	M50	38:00	+7:33
8th	Jeff Powell Davies	BL	M40	38:28	+7:59
9th	Karen Parker	BL	W55	38:44	+8:17
10th	Andrew Bradley	WCOC	M55	38:49	+8:22
11th	Niamh Hunter	EUOC	W20	39:20	+8:53
12th	Mike Harrison	WCOC	M50	39:24	+8:57
13th	Michael Billingham	WCOC	M60	40:09	+9:42
14th	Keith Tonkin	BL	M60	40:28	+9:59
15th	Dan Parker	BL	M55	40:33	+10:06
16th	Wilfrid Teasdale	WCOC	M16	40:37	+10:10
17th	Ian Cumpstey	WCOC	M40	41:14	+10:47
18th	Chloe Cracknell	SUFFOC	W20	42:30	+12:03
19th	Iain Smith-Ward	LOC	M50	42:53	+12:26
20th	Simon Woodbury	WCOC	M45	42:57	+12:30
21st	Emma Stuart			43:48	+13:21
22nd	Ryan Crellin	WCOC	M35	44:43	+14:16
23rd	Caitlin Pearson	WCOC	W21	44:48	+14:21
24th	Howard Leslie	WCOC	M55	45:09	+14:42
25th	Scott Ashworth	WCOC	M40	46:22	+15:55
26th=	Ben Goodwin	WCOC	M20	46:51	+16:24
26th=	John Ferris-Worth	BL	M55	46:51	+16:24
28th	Jeff Goodwin	WCOC	M55	47:22	+16:55
29th	Steve Holmes	WCOC	M50	47:47	+17:20
30th	Chris Pollitt	WCOC	M55	48:04	+17:37
31st	Ange Jackson	WCOC	W45	48:07	+17:40
32nd	Graham Capper	LOC	M60	48:25	+17:58
33rd	Steven Breeze	WCOC	M45	48:44	+18:17
34th	Ian Teasdale	WCOC	M60	48:57	+18:30
35th	Elizabeth Jackson	DEE	W55	50:14	+19:47
36th	Lynne Thomas	WCOC	W50	50:15	+19:48
37th	Richard Cummings	WCOC	M60	51:31	+21:04
38th	Isabel Berry	BL	W35	52:07	+21:40
39th	Jo Cleary	LOC	W55	52:17	+21:50
40th	Raymond Wren	BL	M70	52:19	+21:52
41st	Andy Lewsey	BL	M65	52:27	+22:00
42nd	Susan Skinner	WCOC	W55	52:53	+22:26

Pos	Name	Club	Age Class	Time	Behind
43rd	Nick Moore	WCOC	M60	53:05	+22:38
44th	Roger Thomas	WCOC	M60	54:50	+24:23
45th	Myrtle Ashworth	WCOC	W14	55:42	+25:15
46th	Julie Ferris-Worth	BL	W50	59:05	+28:38
47th	Susan Skinner	WCOC	W55	59:35	+29:08
48th	Mykola Chubynsky	OD	M40	62:33	+32:06
49th	Ann Cummins	WCOC	W60	69:54	+39:27
50th	Philip Nichols	BL	M60	70:47	+40:20
	Mike Hind	CLARO	M65	w7	

Short Results

3.24km

Pos	Name	Club	Age Class	Time	Behind
1st	Imogen Pieters	SYO	W16	26:42	
2nd	Daniel Heppell	WCOC		29:21	+2:39
3rd	Issy Sutley	WCOC	W16	30:48	+4:06
4th	Dave Hewitt	WAROC	M55	32:34	+5:52
5th	Richard Towler	LOC	M70	32:49	+6:07
6th	Louise Dunn	LOC	W60	34:23	+7:41
7th	Bob Bonby	WCOC	M70	35:48	+9:06
8th	Christine Kiddier	BL	W65	37:26	+10:44
9th	Stella Lewsey	BL	W65	37:54	+11:12
10th	Sally Heppell	WCOC		38:10	+11:28
11th	Jessica Breeze	WCOC	W18	39:11	+12:29
12th	Paul Watson		M60	40:07	+13:25
13th	Emma Moody	WCOC		41:52	+15:10
14th	Jenny Wren	BL	W70	42:02	+15:20
15th	Rebecca Crellin	WCOC	W35	43:47	+17:05
16th	Lorna Hewitt	WAROC	W45	44:54	+18:12
17th	Carol McNeill	LOC	W75	45:18	+18:36
18th	Janette McHandax	WCOC	W50	46:21	+19:39
19th	Carl Humphreys	WCOC		47:00	+20:18
20th	Joan Cumpstey	BL		49:28	+22:46
21st	Trev Earthy	WCOC	M70	50:00	+23:18
22nd	Isaac Hunter	WCOC	M14	50:22	+23:40
23rd	Eva Humphreys	WCOC		51:27	+24:45
24th	Elizabeth Elliott	WCOC	W70	53:35	+26:53
25th	Jonathan Eaton	WCOC	M60	55:14	+28:32
26th	Toby Heppell	WCOC		55:40	+28:58
27th	Paul Tickner	WCOC	M65	56:15	+29:33
28th	Ros Earthy	WCOC	W75	60:11	+33:29
29th	Charlotte Squire	NOC	W14	60:12	+33:30
30th	Janice Nichols	BL	W60	66:54	+40:12
31st	Dick Whitworth	BL	M80	70:12	+43:30
32nd	Annela Whitworth	BL	W75	85:46	+59:0



Novice Results

1.73km

Pos	Name	Club	Age Class	Time	Behind
1st	Hannah Birkinshaw	WCOC	W12	27:11	
2nd	Hiroki Holmes	WCOC	M10	29:17	+2:06
3rd	Stefa Stein			35:11	+8:00
4th	Moira Knoery	WCOC		58:04	+30:53

Next Event—Knock Murton 20 08 2020—pre-enter by Wednesday at the latest.



YOUR CLUB



Can you help the club out with a volunteer role? In order to enjoy our weekly orienteering events we have a number of members working behind the scenes arranging for access to land. We really couldn't do it without them. We are looking for help with National Trust land and the land owners in Eskdale. The National Trust role will involve becoming familiar with their events application process, whilst Eskdale will involve contacting landowners direct. Of course the club will help where we can. Could this be you? You will soon become the expert on your patch. I personally have enjoyed being access officer for Forestry Commission land. Please contact chair@wcoc.co.uk if you think this could be you.

Invitation

LOC 50@50 ANNIVERSARY EVENT

31/08/2020

Lakeland Orienteering Club would like to invite our members to their 50th birthday event which they are holding on Stickle Pike on Monday 31st August (Bank Holiday).

It is a 50 control score event with start blocks from 10.00am.

It is **PRE-ENTRY ONLY**.

If interested please go to the LOC website for further details. LOC would very much hope that some of our members will feel like joining them again for some sort of orienteering normality!

