



Thanks to Bob Dredge for planning this week's event at Whitehaven, Kells. On the long course Jamie Rennie took the win, ahead of Ben Breeze (2), Charlie Rennie (3), Herbie Ashworth (4) and John Slater (5). First lady was Kate Charles, with Lynne Thomas 2nd lady and Helen Rennie 3rd lady. On the short course Joe Sunley took the win, with Emma Crawford (2), Daisy Rennie (3), Wilf Teasdale (4), Danny Winterbottom (5) and Issy Sunley (6).

See the full results below.

**Next Event—Vulcan Park, Workington 10 09 2020—pre-
enter by Wednesday at the latest.**



long
Results

3.3km 85m

Pos	Name	Club	Age Class	Time	Behind
1st	Jamie Rennie	WCOC	M50	27:50	
2nd	Ben Breeze	WCOC	M20	28:43	+0:53
3rd	Charlie Rennie	WCOC	M18	30:20	+2:30
4th	Herbie Ashworth	WCOC	M16	31:40	+3:50
5th	John Slater	WCOC	M45	32:22	+4:32
6th	Stuart Crawford	WCOC	M50	33:15	+5:25
7th	Iain Smith-Ward	LOC	M50	35:08	+7:18
8th	Pete Nelson	WCOC	M65	35:47	+7:57
9th	Kate Charles	WCOC	W50	35:56	+8:06
10th	Steve Holmes	WCOC	M50	36:04	+8:14
11th	Jonty Goodwin	WCOC	M18	36:09	+8:19
12th	Ryan Crellin	WCOC	M35	36:23	+8:33
13th	Jeff Goodwin	WCOC	M55	36:29	+8:39
14th	Joseph Goodwin	WCOC	M20	36:47	+8:57
15th	Steven Breeze	WCOC	M45	38:04	+10:14
16th	Howard Leslie	WCOC	M55	38:13	+10:23
17th	Lynne Thomas	WCOC	W50	38:24	+10:34
18th	Chris Pollitt	WCOC	M55	38:33	+10:43
19th	John Taylor	WCOC	M55	39:25	+11:35
20th=	Ian Teasdale	WCOC		40:53	+13:03
20th=	Nick Moore	WCOC	M60	40:53	+13:03
22nd	Richard Cummings	WCOC	M60	41:09	+13:19
23rd	Helen Rennie	WCOC	W45	41:30	+13:40
24th	Alex Crawford			44:54	+17:04
25th	Jack Bingham		M21	46:48	+18:58
26th	Ann Cummings	WCOC	W60	47:02	+19:12
27th	Jonathan Eaton	WCOC	M60	55:13	+27:23

short
Results

2.1km 50m

Pos	Name	Club	Age Class	Time	Behind
1st	Joe Sunley	WCOC	M18	13:46	
2nd	Emma Crawford	WCOC	W16	17:10	+3:24
3rd	Daisy Rennie	WCOC	W14	18:01	+4:15
4th	Wilfrid Teasdale	WCOC	M16	18:04	+4:18
5th	Danny Winterbottom	WCOC	M14	18:21	+4:35
6th	Issy Sunley	WCOC	W16	18:28	+4:42
7th	Isaac Hunter	WCOC	M14	19:22	+5:36
8th	Daniel Heppell			19:27	+5:41
9th	Carl Humphreys	WCOC		19:59	+6:13
10th	Myrtle Ashworth	WCOC	W14	22:42	+8:56
11th	Eva Humphreys	WCOC		23:42	+9:56
12th	Sally Heppell			24:01	+10:15
13th	Sophie Crawford			24:28	+10:42
14th	Rebecca Crellin	WCOC	W35	24:42	+10:56
15th	Toby Heppell			25:24	+11:38
16th	Janette McHendry	WCOC	W50	25:36	+11:50
17th	Kim Leslie	WCOC	W55	26:25	+12:39
18th	Trev Earthy	WCOC	M70	27:56	+14:10
19th	Deborah Goodwin	WCOC	W55	29:20	+15:34
20th	Hiroki Holmes	WCOC	M10	31:32	+17:46
21st	George Rennie	WCOC	M12	31:50	+18:04
22nd	Elizabeth Elliott	WCOC	W70	33:28	+19:42
23rd	Ros Earthy	WCOC	W75	33:40	+19:54
24th	Kamila Winterbottom	WCOC		35:01	+21:15
25th	Stefie Stein	WCOC		37:14	+23:28
26th	Molly Thomas	WCOC		78:58	+65:12
27th	Moira Knoery			80:44	+66:58

- LOC Anniversary 50 @ 50**— There was a good turn out of approximately 20 club members at the event at Stickle Pike; with 4 top twenty finishers—Charlie Rennie 2nd, Jamie Rennie 4th, Mike Billingham 7th and John Slater 8th. Full results are on the LOC website.
- Border Liners—Askham Common 19 09 2020**— The event is pre-entry only - no entry on the day. Entries are open on SI entries and will close on **17 09 2020**. Start times will be 11:00 to 12:30—when entering you select the 15 minute block in which you want to start. Available courses—Brown (10.1km), Blue (7.1km), Green (4.5km) and Orange (3.7km). Cost £5 adult, £2 junior. Full details can be found on the BL website.

The Club extends a warm welcome to new member Jack Bingham (M21) - Hopefully, we will be seeing Jack at some of the upcoming events.

Wednesday 9th September 2020, 7.00 pm—Committee Meeting—Contact Steve Breeze if you would like to attend.



Selection Races for EJOC and the Talent Squad

After last weekend's 3 selection races, news of the selections have this week been announced by British Orienteering and there was good news for several Club (or recent club members).



Those WCOC juniors selected to represent GB in the European Junior Orienteering Championships in Hungary from 24th October—26 October, are Niamh Hunter (W20), Joe Hudd (M18), Dan Spencer (M20) and Alastair Thomas (M20). Of course, it remains to be seen whether the ongoing Covid situation allows the competition to actually go ahead but we wish all the juniors well.

Congratulations also go to Issy Sunley who has been invited to take part in the Talent Assessment Camp to be held on 2nd Oct—4th Oct in Edinburgh. The camp was originally due to be run alongside Croeso and is intended to aid athlete development and to assess whether athletes are ready to make the next step to the British Talent Squad—well done Issy!

Missing the Peter Palmers!

This weekend would usually have seen the running of the Peter Palmer relays which handily, for our local juniors, would have been held at Hawes End. It should also have been the last occasion when Vanessa Brierley acted as junior captain, having now handed over the reins to Janette McKendry. Vanessa has done a fantastic job over the last 6 years organising junior teams for events such as the British Champs, the JK, the Scottish 6 Days, Compass Sport Cup and of course, the Peter Palmers and WCOC juniors have had a great deal of success. A big 'thank you' to Vanessa for all her hard work and we wish Janette the best of luck as the new junior captain.

Vanessa posted on Facebook—'Normally I would have been spending the last few weeks compiling Junior Teams for the Peter Palmer Relays, ready for the fun filled weekend of craziness, which entails sleeping (very little) in a hall with over a 100 other Juniors and their coaches, getting up at 4:30 for the 5am start on Sunday and then standing cheering all the WCOC Teams as they come running past with the other parents and helpers. So this year it'll be a quiet weekend, I'll miss you all although I will sleep better! Check out the photos from our past four years of victory. Here's to Hawes End 2021!'

