



Event News

Firstly apologies to Caitlin Pearson who planned Maryport last week. I got the wrong Caitlin and thanks to Herbie Ashworth who planned Cockermouth, this week.

Unfortunately, we received a complaint from one of the local residents who reported that they had encountered rudeness from one of the runners. Just a friendly reminder that, especially at the moment, we are very lucky to be able to take part in events and we should ensure that we behave courteously and politely to members of the public.

The results are below:

Long

Results

4.4km

Pos	Name	Club	Age Class	Time	Behind
1st	Joe Sunley	WCOC	M18	31:26	
2nd	Jamie Rennie	WCOC	M50	31:50	+0:24
3rd	Phil Winkill	WCOC	M40	33:46	+2:20
4th	Jeff Powell Davies	BL	M40	34:58	+3:32
5th	Michael Billinghamurst	WCOC	M60	35:01	+3:35
6th	Ben Goodwin	WCOC	M20	36:56	+5:30
7th	Ben Breeze	WCOC	M20	37:10	+5:44
8th	Stuart Crawford	WCOC	M50	37:36	+6:10
9th	Steve Holmes	WCOC	M50	37:58	+6:32
10th	John Slater	WCOC	M45	39:16	+7:50
11th	Iain Smith-Ward	LOC	M50	39:38	+8:12
12th	Andrew Bradley	WCOC	M55	39:56	+8:30
13th	Ryan Crellin	WCOC	M35	40:15	+8:49
14th	Caitlin Pearson	WCOC	W21	40:18	+8:52
15th	Isabel Berry	BL	W35	40:19	+8:53
16th	Kate Charles	WCOC	W50	40:44	+9:18
17th	Howard Leslie	WCOC	M55	41:36	+10:10
18th	Alex Crawford	WCOC	W45	42:34	+11:08
19th	Nick Moore	WCOC	M60	43:11	+11:45
20th	Unknown dibber 45729			44:46	+13:20
21st	Steven Breeze	WCOC	M45	45:31	+14:05
22nd	Carol Edwards	BL	W60	45:59	+14:33
23rd	Chris Emerson	WCOC	M65	46:34	+15:08



24th	Jeff Goodwin	WCOC	M55	46:36	+15:10
25th	Lynne Thomas	WCOC	W50	46:50	+15:24
26th	Emma Stuart	BL	W21	48:36	+17:10
27th	Jonty Goodwin	WCOC	M18	49:39	+18:13
28th	Pete Nelson	WCOC	M65	50:00	+18:34
29th	Ian Teasdale	WCOC		50:02	+18:36
30th	Jack Bingham	WCOC	M21	54:26	+23:00
31st	Roger Thomas	WCOC	M60	54:57	+23:31
32nd	Paul Tickner	WCOC	M65	57:06	+25:40
33rd	Janette McHendry	WCOC	W50	59:01	+27:35
34th	Rachel Swift	WCOC		61:42	+30:16
35th	Robert Jones	WCOC		63:31	+32:05
36th	Hugh Jordan	WCOC		63:57	+32:31
37th	Becca Muir	WCOC		77:17	+45:51

Short

Results

2.5km

Pos	Name	Club	Age Class	Time	Behind
1st	Emma Crawford	WCOC	W16	19:30	
2nd	Daniel Heppell	WCOC	M14	21:07	+1:37
3rd	Daisy Rennie	WCOC	W14	22:04	+2:34
4th	Danny Winterbottom	WCOC	M14	23:00	+3:30
5th	Wilfrid Teasdale	WCOC	M16	23:21	+3:51
6th	Isaac Hunter	WCOC	M14	23:36	+4:06
7th	Carl Humphreys	WCOC		24:01	+4:31
8th	Kim Leslie	WCOC	W55	27:11	+7:41
9th	Toby Heppell	WCOC	M12	27:59	+8:29
10th	Myrtle Ashworth	WCOC	W14	28:05	+8:35
11th	Rebecca Crellin	WCOC	W35	29:39	+10:09
12th	Sally Heppell	WCOC		29:43	+10:13
13th	Hiroki Holmes	WCOC	M10	30:40	+11:10
14th	Deborah Goodwin	WCOC	W55	31:02	+11:32
15th	Sophie Crawford	WCOC	W12	31:45	+12:15
16th	Elizabeth Elliott	WCOC	W70	39:04	+19:34
17th	Ella Chambers	WCOC		39:53	+20:23
18th	Ros Earthy	WCOC	W75	39:56	+20:26
19th	Janice Nichols	BL	W60	40:09	+20:39
20th	Lindsey Ashworth	WCOC		53:44	+34:14

Next Event— Keswick —15 10 2020—Remember pre-entry only by the Wednesday before the event.

AGM—22nd October by Zoom

Late Summer Series—overall results

Thanks to Pete Nelson for collating the overall results. Full results are available on the website and FB page.

Long Course

The top ten on the long course were, Joe Sunley (1), Jamie Rennie (2), Ben Breeze (3), Herbie Ashworth (4), Mike Billinghamurst (5), John Slater (6), Ben Goodwin (7), Stuart Crawford (8), Iain Smith-Ward (9) and Jeff Goodwin. In the women’s competition, first was Caitlin Pearson, 2nd was Kate Charles and 3rd was Lynne Thomas.

Short Course

The top ten on the short course were, Issy Sunley (1), Dan Heppell (2), Daisy Rennie (3), Carl Humphreys (4), Isaac Hunter (5), Sally Heppell (6), Sophie Crawford (7), Eva Humphreys (8), Emma Crawford (9) and Rebecca Crellin (10).



Reminder -

If you haven’t already paid for the Autumn events, please do so now. Payment should be made by bank transfer and all the information you need can be found on the website by clicking ‘read more’ on the home page under the heading—‘New WCOC Events’ and in case you can’t remember what events you’ve done , a record of your entries can be found on the new entry system.

Twitter: You can follow @WCOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members’ page.



News from Ennerdale

Pete Nelson reports that the permanent courses at Ennerdale are being converted to the iOrienteering system. Unlike MapRun, it uses physical markers, with a QR code to scan with your phone at each checkpoint. It doesn't depend so much on the phone's GPS which can be unreliable in the forest and deep valleys.

The first two courses are the basic courses at Bleach Green. They're very short, and probably not worth making a special journey for, but if you are passing, Pete would be very grateful for any feedback before the courses go live on the Wild Ennerdale site.

Before you go, load the iOrienteering app to your smartphone and print the maps. Maps are available from Pete Nelson, or on the Club's FB page.

At the start, use the app to scan the QR code on the map, and the code on the post at the start. Let Pete know what you think.

Thanks to Kate Charles for testing the system.

There'll be two more courses available soon at Bowness Knott, including a brand new technical (and very rough) course...yay!!

In Memoriam



Older members of the club will remember Melinda Riley (nee Melinda Scott). She was one of the early junior members of the club before moving to ShUOC and beyond. Sadly, Melinda had been seriously ill with leukaemia and passed away at the weekend. She was involved in many happy Club activities and foreign O events and will be remembered fondly by those who knew her. For



more information please contact Pete Nelson

→ Thanks to Natalie Burns for the photographs. Can you spot her? Anyone else you recognise?



In Brief -

1. Welcone to new member Ella Chambers (W12) - looking forward to welcoming Ella at upcoming events.
2. You may have seen Helen's post on FB about [easyfundraising.org.uk](https://www.easyfundraising.org.uk). This is an easy way to raise money for the WCOOC Junior Squad. You sign up on the website or app and pledge for your chosen organisation and next time you're doing some online shopping; if you access the business through Easyfundraising they will donate a set amount to the Club juniors so it's money for nothing. For example if you shop on Amazon—up to 1.5% of the costs of your purchase will be donated; on Booking.Com; the donation is currently 4%. If you haven't already signed up, please consider doing so. With the inability of the Club juniors to raise funds through their usual regular cake stalls, all help would be very welcome.

