



Fangs Brow—Results

More excellent weather blessed us for our latest event near Loweswater. Again, nearly a hundred runners aged from under 10 to over 75 turned out to enjoy the cross country navigational challenge. Thanks to Alan Irving for organising. Full results are below but the honours on the long course went to Daniel Spencer and Caitlin Pearson and on the short course, the overall winner was Sophie Crawford, with Kevin Hodgson first male.

long  
4.7km

Table with 5 columns: Pos, Name, Club, Age Class, Time. Lists results for the long course (4.7km) from 1st to 31st place.

Table with 5 columns: Pos, Name, Club, Age Class, Time. Continues results for the long course (4.7km) from 32nd to 61st place.

short  
2km

Table with 5 columns: Pos, Name, Club, Age Class, Time. Lists results for the short course (2km) from 1st to 20th place.



This Week's Event—Cockermouth

This is a new area of Town so please check the details on the website carefully, especially regarding parking. NB unaccompanied juniors under 16 MUST run the Short course. Entries close tomorrow @ 23:59.

Entries Open— British Middle and Northern Champs

Sat 6th and Sun 7th June - details on British Orienteering Website. The middle distance is at Summerhouse Knott, with the Northern Champs at High Dam (both South Lakes).

Entries open on Fabian4.

Upcoming Events

- 22/04/2021—Cockermouth
25/04/2021— Knipe Scar—Galoppen . Details on BL website. (Full)
29/04/2021— Lowther Park
02/05/2021—High Brow, Galoppen
06/05/2021—Swarth Fell
13/05/2021—Scale Hill
20/05/2021—Bowness Knott

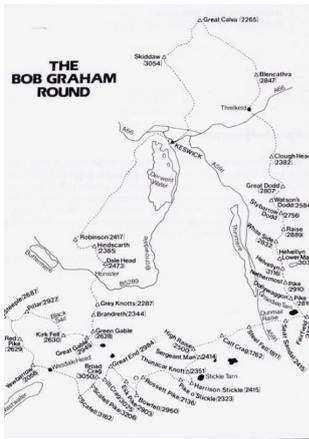


**HELP!**

**URGENT -Sale Fell Galoppen 27th June 2021**

Volunteers are needed to fill the positions of Planner, Organiser and Controller for the Sale Fell Galoppen. If you are willing to undertake one of these roles, then please get in touch with Jon Eaton ( [jon.eaton@outlook.com](mailto:jon.eaton@outlook.com) ) and Michael ( [michael@micnet.plus.com](mailto:michael@micnet.plus.com) ).

These positions have not yet been filled and if volunteers do not come forward by next weekend, it is likely that the event will have to be cancelled, which would be a real shame.



**Jamie Rennie completes the Bob Graham.**

Congratulations to WCOC's Jamie Rennie who completed the Bob Graham Round at the weekend.

The Round involves the traversing of 42 fells, an optimum distance of 66 miles (106km) and 26,900 feet (8,200m) of ascent; with the aim to complete in under 24 hours.

Jamie who was supported at the 'rest' points by wife Helen and on the fell by several Club members, including son Charlie, completed in a time of around 23 hours 15 minutes.

Well Done!

Here are a few photos taken along the way by Graham Patten, Roger Thomas, Steve Breeze and Niamh Hunter. (Left to right— Moot Hall (start), Sunrise on High Raise, Pike O Stickle, Bowfell, Yewbarrow, Steeple, Brandreth and a well earned beer at the Moot Hall finish.



**And finally -**

1. Welcome to new members Elizabeth Woodcock, Emma Davies, Jasmine Girdlestone, and Rafferty, Enzo and Ella-Mae Philips. (Please feel free to send me a few lines and a photo (for inclusion in the newsletter) to introduce yourselves to the Club).
2. Those of you on Facebook will have seen the link to the Gender Equality in British Orienteering Survey being organised by EUOC. Your views are important so it would be great if you could take the time to fill in the survey—<https://forms.gle/9yYxrwQZEqLHVgC9>

