



Cockermouth—Results



On Thursday we were blessed with another beautiful evening for a run around a new area of Cockermouth known locally as 'The Moor'. Thanks to Kim and Howard Leslie for planning a very enjoyable event.

There was another good turn out and full results are below. This week the honours on the long course went to Joe Sunley, with Niamh Hunter again first lady.

On the short course Danny Winterbottom took the win, with Eva Humphreys first female.

Long 2.6km

Table with 3 columns: Pos, Name, Time. Lists results for the Long course (2.6km) from 1st to 28th place.

Short 1.8km

Table with 3 columns: Pos, Name, Time. Lists results for the Short course (1.8km) from 1st to 29th place.

This Thursday

As you may have seen the Lowther Park event has had to be cancelled as a result of an issue with permissions, BUT Pete Nelson has stepped in at short notice and prepared a map for Curwen Park, Workington.

Details are now on the website.

Neither the long nor short courses cross any busy roads so younger juniors are able to run the long if they prefer. As usual entries close @ 23:59 tomorrow.



Upcoming Events

- 29/04/2021—Curwen Park
02/05/2021—High Brow, Galoppen
06/05/2021—Swarth Fell
13/05/2021—Scale Hill
20/05/2021—Bowness Knott

Entries Open— British Middle and Northern Champs

Sat 6th and Sun 7th June - details on British Orienteering Website. The middle distance is at Summerhouse Knott, with the Northern Champs at High Dam (both South Lakes). Entries open on Fabian4.



Good News—Sale Fell Galoppen

After last week's appeal for helpers, all the lead positions for the Galoppen have now been filled so the event can proceed.

Obviously, volunteers will still be needed on the day so please be ready to offer your help when the request goes out.

Knipe Scar—Galoppen (BL)



Thanks to Border Liners for staging the first Galoppen of the season. It was a lovely day for a jaunt up onto Knipe Scar and it was a well organised, enjoyable event in the sunshine.

There was a good turn out from the Club, with many strong performances.

On the 8.1km Brown course, Steve Birkinshaw was 2nd, Charlie Rennie 4th, Simon Hunter 6th and Ben Breeze 8th. Niamh Hunter was 2nd lady in 11th .

On the 7.2km Blue course there were five Club members in the top ten, Martin Skinner 2nd, Jamie Rennie 3rd, Daniel Heppell (who had an impressive run for his first Blue) 8th, Stuart Crawford 9th and Howard Leslie 10th and Ange Jackson was first lady

in 13th.

On the 4,2km Green course there were strong runs from several Club juniors, but Nick Evans was top Club finisher in 2nd. Daisy Rennie was first female in 5th, James Birkinshaw was 6th, Isaac Hunter 7th and Susan Skinner was 9th (2nd senior female).

On the 3,5km Short Green, Claire Boothroyd was 4th, Liz Elliott 6th, Toby Heppell 8th, and Emma Moody 9th.

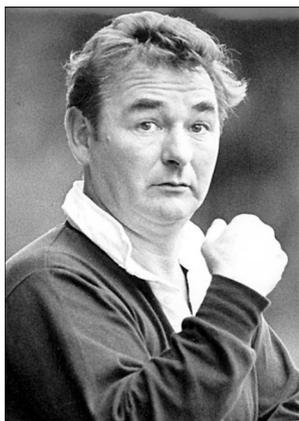
Sophie Crawford took an emphatic win on the Light Green course, winning by over 10 minutes, Emma Davies was 3rd and Ella-Mae Phillips 4th.

Ash Boothroyd won easily on the Orange course, by over 13 minutes, with Elizabeth Woodcock 2nd, Hannah Birkinshaw 4th, Enzo Phillips 5th and Rafferty Phillips 7th. Well done everyone and especially good to see some recent new members competing so well!



Clough Head Fell Race

Some WCOC members were out on Saturday, testing their hill legs in the Kong race up Clough Head. Congratulations to Dan Spencer for coming in third after being in the lead before the descent.



The next race in the series is the Brian Clough and Ken Dodd race—Saturday 15th May 2021.

Entry fee: £10 via Si Entries. For details visit kongadventure.com

