



Swarth Fell



Thanks to Pete and Jenn Hudd for putting on last week's event on Swarth Fell and for managing to keep the rain at bay. On the long course Daniel Spencer took the win, with Niamh Hunter first lady and on the short course, Natalie Hawkrigg (BL) took the win, with Sophie Crawford 2nd by only 3 seconds, and Jon Eaton was first male in 6th. Rafferty Phillips had the novice course to himself. (Full results below).

Can we politely remind competitors that everyone must download at the end of their run, as it is the only way the organisers know for sure that you have returned safely.

Long

5.3km 145m

Table with 3 columns: Pos, Name, Time. Lists top 26 runners for the Long course.

Table with 3 columns: Pos, Name, Time. Lists runners 27th to 57th for the Long course.

Short

3.1km 100m

Table with 3 columns: Pos, Name, Time. Lists top 20 runners for the Short course.

Upcoming Events

- 13/05/2021—Scale Hill (NB Entries close tomorrow @ 23:59 and NO under 16s on the Long Course).
20/05/2021—Bowness Knott
27/05/2021-Latrigg Top
03/06/2021 -Mosser Fell
04/06/2021—BO junior selection race -Keswick
05/06/2021—British Middle Champs
06/06/2021—Northern Champs

Results from High Brow

Full results have now been posted on the website. On the Brown, there were four Club runners in the top ten, (in addition to Dan Spencer (EUOC) who finished 2nd). Charlie Rennie was 4th, Ben Breeze 6th, Mike Harrison 7th and Simon Hunter 8th. Niamh Hunter was 3rd lady.

On Blue, Wilf Teasdale took 2nd, with Jamie Rennie 4th, Dan Heppell 5th, Stuart Crawford 8th, Howard Leslie 9th and Jenny Evans 10th and first lady. Ange Jackson was 3rd lady.

On Green, James Birkinshaw was 2nd, Chris Emerson 6th and Daisy Rennie 9th and on Short Green Henry Teasdale was 1st, Claire Boothroyd 3rd, Emma Moody 4th, Trevor Earchy 8th and Malcolm Ruckledge 9th.

On the Light Green, WCOCC were sure to dominate as there were only WCOCC runners on the course! The win went to Sophie Crawford, with Toby Heppell 2nd, George Rennie 3rd, Emma Davies 4th and Ella-Mae Phillips 5th.

The Orange course was also dominated by WCOCC, with Elizabeth Woodcock taking the win, Ash Boothroyd 2nd, Hannah Birkinshaw 3rd, Rafferty Phillips 5th and Hiroki Holmes 6th and it was good to see another Holmes family member in action on the Yellow course, with Sola Holmes taking 3rd.

Lakeland Weekend



Thanks to LOC for 2 events over the weekend in high quality Lakeland terrain. Full results are available on the LOC website.

Saturday saw the middle distance at Burnt Woods. In a very competitive field, on the Brown, Dan Spencer came in 3rd, with Joe Sunley running well to take 6th and Niamh Hunter was 2nd lady. On Blue, Wilf Teasdale was top Club performer in 8th, with Alan Irving just outside the top ten, in 11th. On Green, WCOC had 3 finishers in the top ten, Roger Thomas, 6th, Isabel Sunley 7th and Isaac Hunter 8th. On



Short Green, Henry Teasdale was 2nd, Catherine Wetherfield 4th and Richard

Goodwin 9th and on Light Green, Sophie Crawford was 2nd, Toby Heppell 4th, Kamila Winterbottom 5th and George Rennie 6th.

Sunday the action switched to the forest at Colonel's Drive and saw runners tackle longer courses than the previous day. On Brown, Dan Spencer improved on Saturday's performance to finish 2nd, only 33 seconds behind the winner, Charlie Rennie ran well to take 5th and Joe Sunley was 8th. Niamh Hunter got within 20 seconds of the first lady finisher to take another 2nd.

On Blue, Mike Billingham was the top Club performer in 9th, with Alan Irving just outside the top ten in 11th. On Green, Nick Evans split the juniors to take 4th, with Isaac Hunter and Daisy Rennie continuing their consistent form, in 6th and 7th respectively and on Short Green, Richard Goodwin improved on Saturday's performance to finish 5th. On Light Green, Toby Heppell took a good win, with Sophie Crawford 4th and George Rennie 7th and on Orange, Ash Boothroyd was 4th.

For those who enjoyed the weekend and want some more of the South Lakeland terrain, you might want to check out Warrior Orienteering Club's Battleaxe events. They are not as scary as the name suggests and are suitable for families, beginners and orienteers of all abilities. The events take place on Wednesday evenings, the first being on **19th May** at Bishops Wood, near Hawkshead. Entries via SI Entries.



Calling All Juniors (From Janette-Junior Team Captain, as per email).

Hi Everyone,

The North West heat for the Yvette Baker Trophy is being held on Saturday 22 May at Brun Valley forest park, in Burnley.

<https://www.pfo.org.uk/events/brun-valley-forest-park-2021-05-22>

The Yvette Baker Trophy is a competition for Juniors named after Britain's first World Champion, who won Gold in the Short Distance event in Scotland in 1999. WCOC enter a team for this competition most years and in 2018 2 minibuses of WCOC juniors travelled to

Birmingham to compete in the final and came 2nd.

It is one of only a couple of junior team events planned to go ahead this year, so we would like to see what interest there is from juniors/parents for entering. Due to covid we may not be able to take a minibus (this is subject to further announcements) so for now, juniors would need to be transported to the event by parents. Burnley is about 2.25 hours away. As well as the Yvette Baker heat there is an open event at the same venue with the usual colour coded courses (yellow to blue), which parents can enter. If we qualified we would be invited to the final at Tetbury, Gloucestershire on Sunday 4th July. By that time, it might be possible to organise transport, but due to the long distance an overnight stay might be necessary.

Can you let me know if your junior is able to compete in the heat and/or the final, should we qualify? I know some of the older juniors have a training day on the 22 May.

Any questions just ask. **Please reply by next Friday, 14 May.**

Thanks,

Janette.

(Junior team captain)

And Finally -

- There is not long to go to the first event in the Allerdale Bike Challenge series, which kicks off in Brigham on 19th May. There is no entry on the night so to enter visit—www.bmbo.org.uk and if you need any further information email—AllerdaleBikeChallenge@gmail.com. **Entries close—midnight 17th May.**
- Many thanks to those of you who have already provided information about Bob Graham successes. I have it on good authority that there are more of you out there and it would be lovely to hear from you.
- Members should all have received an email from Mike Billingham re the possibility of organising the Lakes 5 Day (August 2022) and British Night Championships 2024). **Please respond to him by 22nd May.**
- Welcome to new members Jessica Hayton and Annie Blease (if you would like to introduce yourselves to other Club members please let me have a few lines about yourselves and a photo).