



**Newsletter Part 2**

Thanks to Dan Roach and Chris Swanepoel for the Lodore event last week. By all accounts the courses were challenging with plenty of climb, made even more exciting (if that is the right word) by the wet weather!

Winners on the 5.1km Long course were Steve Birkinshaw and Niamh Hunter and on the 3.2km Short course were Colin Smith and Christine Kiddier (BL). Rafferty Phillips took the win on the Novice course from Steffie Stein on 2nd.

Full results and some photos from Mike Pearson below:

Long 5.1km		
Pos	Name	Time
1st	Steve Birkinshaw	47:57
2nd	Joe Sunley	48:20
3rd	Ben Breeze	50:28
4th	Jamie Rennie	53:57
5th	Simon Hunter	57:08
6th	Ian Cumpstey	59:34
7th	Mike Harrison	60:08
8th	Keith Tonkin	60:23
9th	Andrew Bradley	61:20
10th	Ruben Razzetti	61:30
11th	Niamh Hunter	63:13
12th	Wilfrid Teasdale	63:49
13th	Joseph Goodwin	67:36
14th	Steven Breeze	67:40
15th	Howard Leslie	71:39
16th	Daisy Rennie	71:40
17th	Danny Winterbottom	72:21
18th	Simon Woodbury	74:14
19th	Issy Sunley	74:16
20th	David Wilson	74:18
21st	Roger Thomas	75:13
22nd	Ian Teasdale	80:11
23rd	Sarah Stephens	84:06
24th	Lynne Thomas	84:22

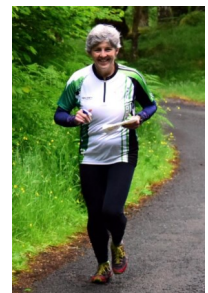
25th	Jonty Goodwin	85:23
26th	Pete Nelson	90:46
27th	Caitlin Pearson	91:20
28th	Anne Burbidge	93:15
29th	Richard Cummings	98:01
30th	Mike Hind	98:26
31st	Stephen Eastley	100:47
32nd	Nicholas Moore	104:10
33rd	Matthew Atkinson	104:55
34th	Alex Crawford	114:02
35th	Ann Cummings	128:02
36th	Kamila Winterbottom	145:47

**Novice**

1.9km 50m

Pos	Name	Time
1st	Rafferty Phillips	33:06
2nd	Rob Stein	43:57
3rd	Stanley Bardsley	55:33
4th	Sola Holmes	58:33

Short 3.2km		
Pos	Name	Time
1st	Colin Smith	68:07
2nd	Raymond Wren	69:38
3rd	Christine Kiddier	71:23
4th	Ella-Mae Phillips	74:23
5th	Elizabeth Woodcock	74:25
6th	Enzo Phillips	76:24
7th	Deborah Goodwin	76:30
8th	Roger Jackson	78:42
9th	George Rennie	82:29
10th	Penny Kingsland	83:23
11th	Elizabeth Elliott	85:30
12th	Sally Heppell	87:32
13th	Mike Cumpstey	88:02
14th	Toby Heppell	88:54
15th=	Eva Humphreys	89:30
15th=	Jenny Wren	89:30
17th	Sophie Crawford	89:33
18th	Lesley Wornham	96:57
19th	Becca Muir	99:31
20th	Joan Cumpstey	103:44
21st	David Fenwick	109:20
22nd	Frankie Williams	121:53



## Sale Fell Galoppen

Thank you to everyone who planned, organised, controlled and helped at the Galoppen on Sunday. There were lots of strong WCOG performances. On Brown, 7 Club members finished in the top ten, Sam Stead (2nd), Joe Sunley (3rd), Steve Birkinshaw (4th), Jamie Rennie (5th), Mike Harrison (7th), Simon Hunter (8th) and Andy Bradley (10th). Niamh Hunter was 2nd woman, with Caitlin Pearson 3rd woman. On Blue junior Dan Heppell had an excellent run to take the win, ahead of Steve Holmes (2nd), Dave Downes (4th), Howard Leslie (7th) and Martin Skinner (9th). Daisy Rennie had a strong run to take 1st woman in 10th, Ange Jackson was 2nd woman in 11th and Lynne Thomas 3rd woman in 13th.

On Green Isaac Hunter was top Club finisher in 3rd, Roger Thomas was 6th, James Birkinshaw (8th) and Richard Cummings (9th). Issy Sunley was best placed Club female in 12th, Emma Crawford was 18th and Alex Crawford 19th.

On Short Green Mike Pearson took a comfortable win, with Emma Moody in 6th, Emma Davies (9th) and Enzo Phillips (10th).

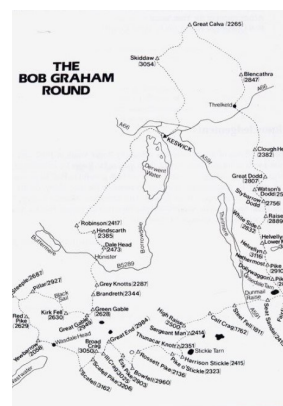
On Light Green it was a clean sweep for WCOG, with no entries from other Clubs. Phil Blaylock took the win from Toby Heppell (2nd), Sophie Crawford (3rd) and George Rennie (4th). Hiroki Holmes took the win on Orange, with Hannah Birkinshaw 2nd and on Yellow, Ruth Walker took the win, with Eve Walker 2nd and ever-improving Sola Holmes in 4th. (Full results on website)

Thanks to Mike Pearson for the photos.



## Congratulations

Well done to Club member Jacob Tonkin who has joined the Bob Graham Hall of Fame with an impressive successful anti-clockwise round, in a time of 19 hours, 57 minutes. Great achievement!

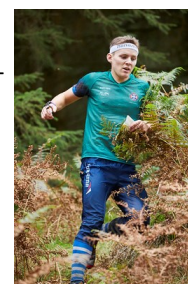


## Lots of things happening this weekend—

- Good luck to all Club members and friends taking part in the Saunders Lakeland Mountain Marathon.
- Good luck to all the juniors (and drivers) making the long journey to the Westonbirt Arboretum, near Tetbury for the Yvette Baker Final on Sunday.
- Last but not least, WOC starts on Saturday. Information is available here: <https://woc2021.cz/>



The program is Sat –individual sprint, Sun –sprint relay, Tuesday—the Club's own Alastair Thomas competes in the middle, Thursday—relay, and Friday—long.



WCOG wish the very best of luck to Alastair and the whole GB Team.