



**Newsletter Part 1** (Bit busy today so will give you the urgent stuff tonight and the usual news of events and results will follow tomorrow.)



Mawbray - Parish Relays 1st July 2021-ONLY FOR WCOC MEMBERS—URGENT

Entry for this event is free but you need to enter in advance. The Parish Relays are for Teams of 3 people, which may be linked by family or geographical ties (but this is not obligatory). The event is a relay with 2 runners from each

team out at a time, usual format, is 2 long, 2 medium and 2 short, with a final bonus course to run once the other courses are complete. As long as every runner completes at least one course, teams can arrange who runs which course as they choose.

Teams made up entirely of juniors (M/W14 or younger) can run in the junior competition. (6 courses - 3 medium, 3 short), with an extra course at the end.

Mass start @ 6pm, first senior team completing all courses wins! (And plans next year). Team names and members need to be registered with Joe Sunley. (joe@jossy.co.uk)

**Entries Close @ 12 noon tomorrow (Tuesday).**

**If you would like to run and do not have a team, let Joe know and he will allocate you to an ad hoc team.**



**The Keswick Bikes ALLERDALE BIKE CHALLENGE 2021**



Allerdale Bike Challenge

26 June at 21:24 · 🌐

Fast, flat and furious is the nature of this week's round of the Allerdale Bike Challenge.

Starts are from 5:30 until 6:30 based at Watchtree Nature Reserve near Wiggonby.

It is hoped that the covid situation will allow the outdoor cafe to open providing snacks and drinks for tired riders.

Entries can be made on BMBO website but you need to be quick as entries close at midnight Monday.

Proceeds go to the Watchtree Wheelers charity for accessible cycling.

See you there.

Tony & Angela

**URGENT—  
Entries Close at  
Midnight to-  
night.**

Border Liners—Angle Tarn Pikes —Galoppen

Sunday 11th July. Details on BL website—<https://borderlinersorienteering.org/>

**SiEntries—Close Midnight Sunday 4th July...or sooner if event limit is reached so don't dither...get your entries in!**