



Keswick Mountain Festival (KMF) - Part 1

Well done to everyone who helped to promote orienteering at the Keswick Mountain Festival. On Friday Dan Roach organised a mass-start sprint event where runners did a lap of the Town Trial before collecting their map and heading into the streets of Keswick. Competition was tight on both the Long and Short courses, with only seconds separating those in the top places. On the Long, Phil Winskill took the win, from Matthew Atkinson in 2nd and Carl Bell in 3rd., and in the women's competition , Caitlin Pearson was 1st woman (7th overall), Emma Crawford was 2nd and Helen Hargreaves 3rd. On the Short course experience triumphed over youth, with Bob Dredge taking the win, with Myrtle Ashworth 2nd, Daisy Rennie 3rd and Sophie Crawford 4th. Mike Pearson was 2nd male (6th overall) and George Rennie was 3rd male. Full results below. Thanks to Ryan Crellin for some great photos of the action.

Long 3.8km		
Pos	Name	Time
1st	Phil Winskill	24:35
2nd	Matthew Atkinson	25:05
3rd	Carl Bell	26:11
4th	Jamie Rennie	27:14
5th	Jeff Powell Davies	27:17
6th	David Wilson	27:52
7th	Caitlin Pearson	30:30
8th	Herbie Ashworth	30:31
9th	Ben Goodwin	30:44
10th	Emma Crawford	31:17
11th	Matt Stephens	31:42
12th	Helen Hargreaves	31:45
13th	Gary Flynn	32:05
14th	Jack Bingham	32:30
15th	Jeff Goodwin	33:41
16th	Simon Farrell	33:43
17th	Robert Jones	36:15
18th	Alex Crawford	36:45
19th	Helen Rennie	36:48
20th	Callum Coldwell	39:55
21st	Chris Thompson	39:57
22nd	Mike Hind	40:30
23rd	Becky Shelford	45:44
24th	Janette McHendry	49:29
25th	Grace Weston	52:11
26th	Issy Sunley	62:07
27th	Becca Muir	63:38

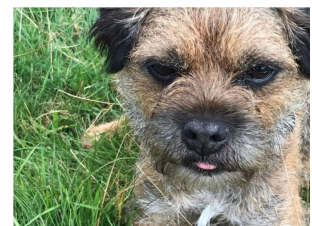
Short 3.1km		
Pos	Name	Time
1st	Robert Dredge	22:37
2nd	Myrtle Ashworth	22:41
3rd	Daisy Rennie	23:23
4th	Sophie Crawford	23:54
5th	Isabel Winskill	23:56
6th	Michael Pearson	29:11
7th	George Rennie	29:42
8th	Ruth Walker	35:43
9th	Eve Walker	35:51
10th	Simon Chapman	36:21
11th	Lily Clarkson	38:21
12th	Scarlett Stone	39:38
13th	Nancy Powell Davies	48:00
14th	Matthew Farrell	56:44
15th	Isabella Farrell	56:47
16th	Eleanor Farrell	56:50
17th	Wilf Clarkson	57:28



KMF - Part 2

Keswick Maze Festival 😊 took place over Saturday and Sunday, lots of events and activities including the all-new WCOC Maze. Based on the World Maze Race maze, WCOC created four colour coded courses and four mirror maps for the Duel. Every single SI card held by WCOC was used over the two days (that's 234 in case you are interested). Hundreds of juniors tried our maze and almost all of them tried it two or three or four or twenty times. In total, we think there were about 800 runs. That's a whole lot of orienteering right there. Hoping to see some of these new smiley faces on Thursdays in the next month. The Knockout Duels were won by Emma Crawford on Saturday and Enzo Phillips on Sunday.

Taking the lead on the planning and organising were Jamie and Lynne and managing all these runs were the marvellous team of Steve Birkinshaw, Chris Naylor, John and Jane Taylor, Bex Muir, Bob Dredge, Lynne Thomas and Jamie, Helen and Daisy Rennie (& Kasper). Superstar volunteers were Alex, Sophie, Emma and Stuart Crawford, Ella Mae, Enzo, Rafferty, Kirsty and Dave Walker and Mike Pearson who all helped on both days and were A-MAZE-INGLY brilliant. What a great advert for the Club – well done all concerned!



Other Local Events

19/09/2021 - Troutal Fell & Seathwaite Tarn (LOC Galoppen). Entries now open. This is a new area mapped by Martin Bagness, which is fast open fell with intricate contour and rock detail. Full details can be found at:

<https://www.lakeland-orienteering.org.uk/events/galoppen-troutal-fell> and entries are now open via SiEntries. **Entries Close Wed 15th Sep 2021**

26/09/2021 - Bampton Common and Helton Fell - Long-O (BL). Provisional courses are Long 18.5km, Medium 12.5km, Short 7.7km and Very Short 4.9km. Full details can be found here:

<https://borderlinersorienteering.org/2021/09/06/bl-long-o-26th-september-2021/>

Entries open on SiEntries and they close **-19th Sep 2021**.

YOUR CLUB



Compass Sport Cup

The Compass Sport Cup is an inter-club competition, which usually takes place annually. Due to Covid it did not happen last year but in 2019, WCOC finished 5th overall. It would be great if we were able to improve on that performance this time around!

The club have agreed to fund transport down to Sheffield for the Competition on the **17th of October 2021**. In addition to this they will fund half your entry free. So you really have no excuse not to join us. The

transport will leave Cockermouth early around 6 am. Let Steve Breeze know if you will be joining us and whether you wish to share transport, via email to chair@wcoc.co.uk. Even if you think you may not be particularly competitive it will be a great Club experience and you may help by knocking the opposition further down the rankings. If you want to find out more about the competition, visit the SYO website.



AGM Thursday 21st October

Look at this talented bunch of people - The WCOC committee. They will be looking for a new chairperson to be appointed at the AGM in October. As you can see there is no need to be an all knowing expert on orienteering as all the knowledge is right there in the committee. Could you help steer the conversation on the future of WCOC in only 6 meetings a year or are you interested in helping out to ensure the ongoing viability and growth of your Club? Send a message if you'd like to know more or need your arm twisting (chair@wcoc.co.uk). Details of the AGM and relevant documents will be shared on the Members' Section of the WCOC website nearer the time.

WCOC Events (Autumn Series)

16/09/21 - High & Low Park -Entries open on Race Signup. Details on website.

23/09/21 - Silloth Dunes

30/09/21 - Derwent Hill

07/10/21 - Whitehaven

14/10/21 - Maryport



New WCOC member?

Myrtle Ashworth bumped into Tom Cruise this week, had a little chat and explained that the mountains around here are called fells!

I'm sure he won't expect any special treatment on Thursday night!