



Maryport - Thanks to Paul Tickner for organising the Maryport even this week. On the long course Sam Stead took a convincing win in 22:36, with Jamie Rennie 2nd and Dan Heppell 3rd. In the women's competition, Emma Crawford was 1st female and 4th overall, with Caitlin Pearson 2nd female and Daisy Rennie 3rd female. On the short course, Sophie Crawford took another win, just ahead of Eva Humphreys in 2nd. Toby Heppell was 3rd, George Rennie 4th, Ell-Mae Phillips 5th and Rafferty Phillips 6th.

#### Long

3.65km

Pos	Name	Time
1st	Sam Stead	22:36
2nd	Jamie Rennie	24:20
3rd	Dan Heppell	24:27
4th	Colin Williams	25:05
5th	Emma Crawford	26:39
6th	Caitlin Pearson	27:07
7th	Simon Hunter	28:04
8th	Daisy Rennie	28:35
9th	David Hunt	29:44
10th	Stuart Crawford	29:48
11th	Isaac Hunter	31:07
12th	David Wilson	32:10
13th	Alex Crawford	32:14
14th	Matt Stephens	34:04
15th	Pete Nelson	34:36

Pos	Name	Time
16th	Carol Edwards	34:44
17th	Roger Jackson	34:46
18th	Patrick Gorrill	34:54
19th	Issy Sunley	34:58
20th	Steven Breeze	35:37
21st	Christopher Pollitt	36:24
22nd	Nicholas Moore	37:36
23rd	Trevor Hoey	38:02
24th	Mike Hind	39:17
25th	Richard Cummings	42:52
26th	Carl Humphreys	43:02
27th	Philip Nichols	43:10
28th	Sally Heppell	43:57
29th	Daniel Parsons	44:41
30th	Alice Williams	47:45
31st	Malcolm Ruckledge	48:41
32nd	Becca Muir	50:45
33rd	Janette McHendry	52:43
34th	Janice Nichols	54:36
35th	Gerri Burgess	66:16

#### Short

1.46km

Pos	Name	Time
1st	Sophie Crawford	10:01
2nd	Eva Humphreys	10:53
3rd	Toby Heppell	11:14
4th	George Rennie	12:15
5th	Ella-Mae Phillips	13:18
6th	Rafferty Phillips	13:38
7th	Ian Teasdale	13:48
8th	Austen Williams	14:34
9th	Jessica Hayton	15:37
10th	Elizabeth Elliott	16:41
11th	Beatrix Gorrill	19:12
12th	Lucy Dunn	19:22
13th	Enzo Phillips	24:35
14th	Ruth Walker	26:43
15th	Rachel Swift	27:35
16th	Eve Walker	27:45
17th	Steffi Stein	28:18
18th	Fiona Williams	28:42



#### Coaching day Nov 2021

After a year off during lockdown, the Orienteering Foundation is pleased to announce support for another coaching day in the Lakes on Saturday 20th November 2021, in a similar format to previous ones ([Nov 2019](#) and [Nov 2018](#)). We are particularly keen to promote coaching of adult orienteers, who are often under-served, but also welcome groups including juniors. Details of the day are below. Put the date in your diaries, and either sign up as an individual, or think about encouraging your club to attend as a group!



Any WCOC members who would like to attend please contact Simon Hunter- [hunters7@sky.com](mailto:hunters7@sky.com)

#### WCOC Events

21/10/2021 - AGM (see details)

28/10/2021- Spook-O

04/11/2021 - Slate Fell

07/11/2021 - Whinlatter Galoppen

11/11/2021 - Bleach Green

18/11/2021 - Powter How

#### VERY URGENT



You will see in the list of events that we are due to host a Galoppen at Whinlatter on **07/11/2021** which is not very far off. Unfortunately no-one has volunteered to be the organiser and so unless someone comes forward **TODAY**, the event will sadly have to be cancelled. If you are willing to take on the task please contact Steve Breeze urgently -

#### LOC Cumbrian Galoppen- Great Tower - 21st November 2021

Entries now open on SiEntries & they close on 17th November. More details can be found on the LOC website.

## **AGM Thursday 21st October**



Details of AGM-

**7pm at Ullock Village Hall in the hamlet of Ullock,(Just off the A5086) GR 076239. CA14 4TP. Some parking outside the village hall, otherwise park in the small car park down by the river at GR 077240. Anyone wishing to attend is asked to let Paul Tickner know by email to paultickner13@gmail.com**



### **Spook-O - Volunteers Needed- Whinlatter 28th Oct 2021 - URGENT**

Spook-O is go but there are still a couple of control sites up for grabs. Volunteers are still needed to decorate and/or set up a control a site. If you can help please let Janette know urgently -  
janette@jossy.co.uk



There will also be a scary pumpkin competition with a prize for the best decorated/carved pumpkin. Pumpkins can be brought along on the night or for anyone who is away over half-term pumpkins can be dropped off at the club AGM this Thursday. Please help support this great junior fundraising event.



**Mapping Day (from Pete Nelson)** We are running the second edition of the Mapping Day on **Saturday October 23<sup>rd</sup>**, probably at Buttermere again. Four people have already signed up. As before the emphasis will be on looking at the terrain and seeing why the map looks like it does. There'll be a minimum of technology involved. We'll have an indoor session later to look at the software aspects. Contact Pete Nelson if you'd like to join in. (pete.barbara@btinternet.com)

### **Compass Sport Cup Final**



What a great Club performance at the event over the weekend, which was held in Tankersley Woods, in South Yorkshire. The Club qualified for the final back in 2019, and was able to field a squad of over 40 runners. Special thanks go to our Club students who travelled from Edinburgh (some doing the FRAs on the Saturday) and Sheffield, and who made a huge difference to the overall score. WCOC put in a great team performance to finish 3rd,



which we think is the best performance ever by the Club. WCOC earned 2245 points, with the winners SYO earning 2397 points and FVO 2nd with 2368.



Although, everyone contributed, those earning points were; Joe Sunley, Daisy Rennie and Isaac Hunter, (98), Helen Hargreaves (97), Niamh Hunter and Nick Evans (96), Simon Hunter (95), Issy Sunley and Emma Crawford (94), Jamie Rennie (93), Alastair Thomas and Joe Hudd (92), Charlie Rennie and Roger Thomas (91), Steve Holmes and Bob Dredge (88), Lynne Thomas (87), Myrtle Ashworth (86), Sophie Crawford and Liz Elliot (84), Ben Breeze (83), Ian Cumpeste (82), Alice Rea (81), George Rennie (80) and Joe Goodwin (77). Thanks to the organisers and everyone who took part to make it such



a special day.

