



Leaps Beck - Thanks to Rebecca Crellin for this week's night event. On the 4.8km Long course, James Chapman (BL) took the win in 31:58, with Nicholas Barber (SPOOK) 2nd in 33:07, and Dan Heppell, maintaining his excellent form was 3rd in 33:53. Making up the rest of the top ten were Jamie Rennie 4th, Chris Naylor 5th, Isaac Hunter 6th, Jack Gilbert 7th, Dan Parker (BL) 8th, Andy Bradley 9th and Alan Irving 10th.

Daisy Rennie was first female in 12th, Karen Parker was 2nd female, and Emma Crawford was 3rd female.

On the 3.2km Short course, Toby Heppell maintained his winning form to finish 1st in 28:16, just ahead of first female, Sophie Crawford in 28:49 and Grace Weston (IND) was 3rd in 30:16. Making up the rest of the top ten were Kevin Hodgson 4th, Bob Dredge 5th, Margaret MacKenzie 6th (and 3rd female), Roger Jackson 7th, Colin Smith 8th, Sally Heppell 9th and Carl Humphreys 10th.

On the Novice course, Sola Holmes took the win, with Kyra Green (IND) 2nd, Ella Chambers 3rd, Jessica Crellin 4th and Isabelle Crellin 5th. (Full results can be viewed on the website).

This week's event is at Hogg's Wood and Wythop Valley (NOT Sale Fell)

Entries are open on RaceSignup and close at 23:59 on Tuesday.

Upcoming events-

03/02/22- Matty Benn's (Night)

10/02/22- Setmurthy (Night)

13/02/22 - Hawse End CompassSport Cup Heat (see more info later)

17/02/2022 - Mawbray

Other Upcoming Events

02/02/22 - Night Event - Thwaite Head (LOC)

05/02/22 - Elite Weekend Race Training - WAROC (Details were included in last week's newsletter)

05/02/22 - North West Night League - Penrith Beacon - Details on Border Liners website

09/02/22- Night Event - Great Tower (LOC)

16/02/22 - Night Event - Bethacar (LOC)

19/02/22 - Miltonrigg (BL)

05/03/22 - Talkin Tarn (BL)

Galoppens - HELP NEEDED



Due to the Club organising the Compass Sport Heat and 1 days of the Lakes 5 Days, we are only organising 3 Galoppens in this year's series. Planners, organisers and controllers are needed for all 3 events.

The dates and venues are:: 5/6/22 - Lank Rigg (nr Egremont), 18/09/22 - Ling Fell (nr Cockermouth), 06/11/22- Latrigg and Greta Gorge (nr Keswick).

Please contact Jon Eaton asap if you can help- membership.wcoc@gmail.com.

Compass Sport Cup Heat



This is the premier Club competition in the country and everyone can take part and contribute to the overall score. This year we have the home advantage of hosting the event on one of WCOC's own areas.



You may also remember that last year the Club finished 3rd in last year's final - our best result ever! No pressure!

Don't forget to put Sunday February 13th in your diary. A chance to represent WCOC in the Compass Sport Cup heat. This will be in on one of our finer areas at Hawes End. All members are welcome and have a chance to take part and contribute to the club's final score and hopefully qualify for the final - somewhere Scottish. Entry will be made nearer the time through our team captain (details on website)

CS Class	CompassSport Course	BOF Age Classes	Class Size
1	Brown	Men Open	Large
2	Short Brown	M20- M40+	Large
3	Blue Women	Women Open	Large
4	Blue Men	M50+	Large
5	Green Women	W20- W45+	Large
6	Green Men	M60+	Large
7	Veterans Short Green	M70+ W60+	Large
8A	Junior Men (Green)	Men 18-	Small
8B	Junior Women (Short Green)	Women 18-	Small
9A	Orange Men	Men 14-	Small
9B	Orange Women	Women 14-	Small
10	Super Veterans Short Green	M80+ W70+	Small

Edinburgh Big Weekend

Several Club members travelled up to Edinburgh for the annual event organised by Edinburgh University Orienteering Club (EUOC). The weekend involves 3 events, the Fight with the Night on Friday, an Urban on Saturday and the Classic race on the Sunday. Well done to all those that attended and it was good to see so many WCOC members who now study on Edinburgh, helping with the various events.

