Issue 13 28 03 2022 West Cumberland Orienteering Club



<u>Spring Series</u> - Thanks to Dave Philips for last week's sprint event in Keswick, and well done for organising the weather! On the 3.8km Long course, Jacob Tonkin took the win on 19:00, with Jamie Rennie 2nd in 19:46 and Charlie Rennie 3rd in 20:10. The rest of the top ten was made up of Jeff Davies (BL) 4th, David Wilson 5th, Caitlin Pearson 6th (1st lady), Stuart Crawford 7th, Isabel Berry (BL) 8th (2nd lady), Andrew Bradley 9th, and

Patrick Gorrill 10th. Jasmine Girdlestone was 3rd lady.

On the 1.9km Short course Isaac Hunter took the win in 13:11, with Danny Winterbottom 2nd in 15:36, and Myrtle Ashworth 3rd in 16:26. The rest of the top ten were Toby Heppell 4th, Eva Humphreys 5th, George Rennie 6th, Ella-Mae Phillips and Emma Davies 7th, Lily Clarkson 8th, Isabel Winskill 9th and Roger Jackson 10th. (Full results are on the website).

This week's event is at Blakeley Raise (off the Cold Fell Road) and as usual entries are open on Racesignup and close at 23:59 on Tuesday. Please read the details carefully! The Short course is a standard course but is a little longer than usual at 3km, and the Long course has a twist, being a 'window' event whereby most of the map is blanked out with only the area round the controls visible....good luck!

Other Upcoming Events

06/04/22 - The Helm (Spring Series -Event 1) (LOC) {Entries close 4th April}

09/04/22 - Hallin Fell (BL) - Entries are now open on SIEntries (Entries close 4th April)

23/04/22 - National event at Blakeholme -Lakeland Weekend Day 1 {Entries close 17th April}

24/04/22 - Cumbrian Galoppen at Loughrigg - Lakeland Weekend Day 2

07/05/22 - Bampton Common (BL)

08/05/22 - Lank Rigg Galoppen (see note below)





Lank Rigg Galoppen 8th May 2022 -For anyone who does not know, the orienteering clubs in Cumbria organise a series of Galoppens (a Swedish word for league), which are like our Thursday night events but with more people and a bigger variety of colour-coded courses to suit all abilities. Points are awarded which at the end of the season are tallied to confirm the winning

Club which receives the Borrowdale Trophy. (WCOC are the current holders). Each Club takes a turn in organising the events and the Lank Rigg event is being run by WCOC. This is where you come in! The Club allocates members to one of three teams red, blue or white (and there is usually a captain for each team). The teams then take it in turns to organise and run their allocated event. Good news for the red team is that Lank Rigg is your event. You should all have received an email from Mike Billinghurst who has already allocated some tasks - some have already replied but many have not. Even if you are not attending it is helpful if you confirm this as there is nothing worse than finding yourself short-handed on the day when people who are expected do not turn up so please if you have received an email can you respond as soon as possible. The event is currently without an organiser from the red team. The organiser basically makes sure that everything runs smoothly (but does not plan the courses). They would set up the entries, check/confirm access, arrange parking, toilets, and allocate volunteers to tasks such as parking, download, starts etc. If you are willing to be the organiser please let Mike Billinghurst know asap. If you want to try but feel it is a bit daunting then let Mike know and there is the possibility of allocating tasks to a small team of people so that you will be able to learn the ropes, without being solely responsible. Volunteers are vital to allow these events to happen so please help if you can.

Twitter: You can follow @WCOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.

British Long Distance Championships and British Relay Champs

Well done to all those Club members who made the long trek down South for the Championship weekend. There were several top ten performances, a winner, and two podium places. Helen Rennie took the win on W45S, Issy Sunley was 3rd on W18E, and those finishing in the top ten were - Daisy Rennie 5th on W16A, Janette McHendry 4th on W50S, Sue Skinner 9th on W55L, Isaac Hunter 9th on M16A, Joe Sunley 5th on M20E, and Jamie Rennie 7th and Simon Hunter 10th on M50L.

Due to limited Club entries and injuries picked up in the Long event, the Club were only able to field two full relay teams, in the men's short event and the junior ad hoc. However, the junior team made up of Daisy Rennie, Issy Sunley and Isaac Hunter ran well to secure a good 2nd place finish. Some photos courtesy of Wendy Carlyke and Rob Lines.



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Congratulations to Roger Jackson



Some of you may remember that during the Spring of 2020 Roger Jackson was announced as the well-deserved winner of the British Orienteering Silva award for his voluntary services to orienteering. This is the highest honour that a member can be given. Unfortunately due to the disruption caused by Covid Roger was never formally presented with his trophy until last week when Club Chair Scott Ashworth finally handed over the trophy.

Belated congratulations to Roger and thank you from the Club for all your years of hard word

and dedication to WCOC and orienteering! A very worthy winner!

.....and finally....

A big welcome to some new members -

Sandra Guise and David Crout.

Hopefully we will be seeing you at upcoming events. (Feel free to send me a little article to introduce yourselves to the members).

