



Summer Series - Reminder - After the break last week, Thursday night events resume this Thursday with the start of the Summer series at Low Rigg. As usual entries are open on RSCC Signup and they close tonight at 23:59.

Spring Series - Thanks to Pete Nelson for once again compiling the unofficial overall league placings. On the long course, Dan Heppell performed consistently well through the series to take the win, with Jamie Rennie 2nd, Charlie Rennie 3rd, Jacob Tonkin 4th and Emma Crawford 5th (1st lady). David Wilson was 6th, Caitlin Pearson 7th (2nd lady), Stuart Crawford 8th, Martin Skinner 9th and Andrew Bradley 10th, Third lady was Jasmine Girdlestone. On the Short course the win went to Roger Jackson, with George Rennie 2nd, Margaret MacKenzie 3rd (1st lady), Sola Holmes an impressive 4th, Eva Humphreys 5th, Beatrix Gorrill 6th, Kyra Green 7th, Susan Skinner 8th, Pip Conlon 9th and Paul Tickner 10th.

Other Upcoming Events

- 07/05/22 - **Last Chance** - Bampton Common (BL) (Entries close - 4th May 2022- Details on BL website).
- 08/05/22 - Lank Rigg Galoppen - Entries now open on SiEntries - courses suitable for all abilities. See details on WCOC website - closing date **WEDNESDAY 5th MAY- Entry numbers are a bit low so please get those entries in!**
- 12/05/22 - Rannerdale (Summer series)
- 18/05/2022 - Warrior - Battleaxe - Event 2 - Birkett Houses - see details at www.warrior-orienteeing.org.uk
- 20/5/2022 - Keswick (Summer series)
- 26/05/2022 - Owsen and Burnbank (Summer series)

Remember Lakes 5 Days - 7th - 12th August 2022.



First entry date (for cheapest entries ends 30th April), and also see the details re the merchandising which is to raise funds for the NWJS.

They are providing event branded clothing of a technical top and a Buff.

Both can be ordered with your entries or direct to the organiser - suebutterfield52@gmail.com



Orders will close on 31st May and will be available for collection on day 1. You may be able to order items at the event to be posted to you later.

All profit goes towards NWJS funds so thank you to everyone who purchases. (Details - www.lakes5.org.uk).

Online orders will close on May 31st



HELP NEEDED - MORE VOLUNTEERS ARE NEEDED FOR- Keswick Mountain Festival is from Fri 20th May to Sun 22nd May this year. WCOC will be joining in as last year with our regular weekly event on the Friday evening (instead of Thursday) and the Maze set up on the festival field at Crow Park across the weekend.

Help needed for Friday evening event and to put up and then manage the Maze. Volunteers get access to the festival field during the day and can enjoy all that's on offer.

Offers of help to Lynne Thomas or Steve Birkinshaw.

Do you fancy a change from foot orienteering? Well here is your chance to get on your bike with a series of orienteering events around the roads of Cumbria.



Allerdale Bike Challenge

26 April at 15:52 · 📍

The first event of the 2022 Allerdale Bike Challenge is just a month away and it is time to start getting your entries in. Some old haunts, some new venues and some new lanes to explore. We are pleased to announce that Bike Treks have agreed to take over the sponsorship of the series in 2022 now that Amos has decided to take a well earned rest. His support has been second to none over the last eight years and we wish him a happy 'retirement'! look forward to seeing you all again this year.
Tony & Angela

Allerdale Bike Challenge 2022.

A series of five events exploring the quiet lanes of North West Cumbria.

All the routes will be on tarmac or cycleways, and will avoid the big climbs of the Lake District. The events are aimed at riders of all abilities and can be ridden solo, in pairs or small family groups on any style of bicycle.

As there is a time limit and no set route the challenge is as easy or tough as you want it to be, making it equally suitable for hardened cyclists or 'Come and try it' riders.

Refreshments are available at all events. Series prizes awarded after last event. Your best 3 scores to count.



2022 Events

- 25th May - Oddfellows Arms, Caldbeck
- 8th June - 4 Play Cycles, Cockermouth
- 22nd June - Ennerdale Brewery, Rowrah
- 6th July - Inn at the Bush, Kirkbride
- 13th July - Mae's tea room, Uldale

Online Entry Only

BMBO members: £9,
Day members: £10
Juniors U18: £2

Own SI card deduct £1

Closing date 2 days before each event

The rules are simple:

You must have a road worthy bike and wear cycle helmet. There will be twenty five checkpoints all having equal value. Checkpoints will be placed on road signs and footpath finger posts. You will have a maximum of 2 hours to visit as many checkpoints as possible. Only roads and cycleways can be used. Bridleways and footpaths are out of bounds. Electronic SI timing system will be used.

BIKETREKS

For 2022 we are teaming up with new sponsors Biketeks who have taken over Keswick Bikes. We would like to thank them for their support and also to thank Amos of Keswick Bikes for his support over the last 8 years.

The Allerdale Bike Challenge supports local charities.



Details and entries can be found on the BMBO Website.
www.bmbo.org.uk

Selection News



Congratulations to the Club juniors (and those who still have connections to the Club) who have been selected to compete for GB in the following competitions.

Daisy Rennie who has been selected to compete in the European Youth Orienteering Championships 2022 which are being held in Salgótarján, Hungary, 1st – 4th July, 2022.

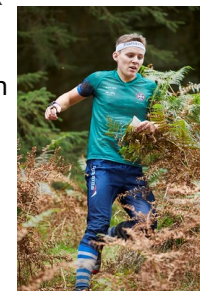
Emma Crawford, Joe Hudd and Joe Sunley who have been selected to compete in the Junior European Cup 2022 which is being held in Blankenburg, Germany, 1st – 3rd October, 2022

And finally, Alastair Thomas who has been selected to compete in the World Universities Championships which take place in Switzerland between 15th and 22nd August 2022.

We look forward to following the progress of all our young orienteers and wish them the best of luck in their respective competitions.

Also great to see some familiar names in the latest UK Elite Orienteering League placings, with Niamh Hunter currently lying 7th in the Senior Women's category and Joe Sunley 7th and Joe Hudd 10th in the Junior Men's

category.



Senior Women

1	Alice Leake	387
2	Megan Carter-Davies	360
3	Grace Molloy	307
4	Cecilie Andersen	291
5	Chloe Potter	258
6	Mairi Eades	255
7	Niamh Hunter	238
8	Fiona Bunn	235
9	Kirstin Maxwell	231
10	Jo Shepherd	199

Junior Men

1	Peter Molloy	420
2	Flurry Grierson	371
3	Sam Griffin M18	327
4	Oliver Tonge	325
5	Matthew Gooch	315
6	Finlay Johnson	310
7	Joe Sunley	308
8	Euan Tryner M18	303
9	Jim Bailey	289
10	Joe Hudd	281

REMINDER - There will a cake stall at the Lank Rigg Galoppen to raise funds for the Club's junior activities - please support and help to keep providing our talented juniors with the opportunity to compete and train at the top level.