

During these most historic of times here is the statement from British Orienteering. Let us remember the Queen and welcome our new monarch King Charles the III.



Her Majesty Queen Elizabeth II

All at the British Orienteering Federation are deeply saddened following the death of Her Majesty Queen Elizabeth II.

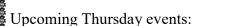
Our sadness at this time is shared by people across the globe, as we remember with affection and gratitude the lifetime of service given by our longest-reigning Monarch.

The thoughts of everyone within the British Orienteering community are with the Royal Family as they grieve for their Mother, Grandmother and Great-Grandmother. The Queen demonstrated extraordinary dedication and commitment to duty throughout her Reign and did so with a graceful strength and admirable determination. She ruled throughout decades of change, from the dark post war years through to the new horizons of the 21st century, providing essential continuity for the nation. The Orienteering community comes together and joins this period of public grief to mourn a national figure who has been consistent throughout our lives and for whom we have collective affection.

<u>Whitehaven</u>, <u>Kells - 08/09/22 - Thank</u> you to the Crawford family for organising last week's event in Whitehaven. On the 3.4km Long course honours went to the Rennie family, with Charlie Rennie taking the win in 21:12, Jamie 2nd in 22:03 and Daisy 3rd (1st lady) in 26:25. The rest of the top ten was made up of Mike Harrision 4th, David Wilson 5th, Simon Woodbury 6th, Chris Pollitt 7th, Patrick Gorrill 8th, Martin Skinner 9th and Steve Holmes 10th. In the women's competition, Lynne Thomas was 2nd and Amelia Thompson (LOC) 3rd.

On the Short 2.3km course, Dan Heppell took the win in 14:30, with Isaac Hunter 2nd in 15:18 and George Rennie 3rd in 17:07. The rest of the top ten was Toby Heppell 4th, Roger Thomas 5th, Eva Humphreys 6th (1st lady), Rebecca Crellin 7th (2nd lady), Roger Jackson 8th, Millie McLoughlin 9th (3rd lady) and Hiroki Holmes 10th.

This week's event is at **Curwen Park Workington**. Parking is in Horse Close Car Park, Ramsey Brow and as there are no road crossings there are no restrictions on juniors running either course but novices and younger juniors are advised to run the short course. A head torch is advised for later starters. Entries will open shortly on Racesignuop and close at 23:59 on Tuesday. (All details are on the website).



22/09/22 - Cockermouth 29/09/22 - Walkmill/Moresby 06/10/22 - Silloth



Ling Fell Galoppen (Sunday 18th September).



Please note that there have been some changes to the Final Details (WCOC Website) so please read these carefully before the event.

Entries are looking a bit light at the moment so if you are hesitatingdon't! There are courses available for all standards. The closing date has been extended and now closes on Tuesday at 23:59.

Full details can be found on the WCOC website by clicking the link to the updated details.

URGENT HELP NEEDED - Chris Emerson (organiser) has asked for help with parking and starts. There will be a shift system in operation so you will still have time for your run. If you can help please contact Chris asap - chrisemerson8@gmail.com.

Other upcoming events:

25/09/2022 - Harter Fell Galoppen (LOC) - Entries close - Monday 19th September.

23/10/2022 - Faulds Brow Galoppen (BL) - Details to Follow

Peter Palmer Relays- Congratulations to our WCOC juniors who travelled to Sutton Park



near Birmingham for the first Peter Palmer event in 3 years. (The adult drivers/helpers deserve a medal for negotiating the M6 closure which involved a long detour via Settle - thank you to them!). It was a successful return to the competition for the Club teams. The Trophy Team of



WCOC Wildcats, made up of Isaac Hunter, Emma Crawford, Daisy Rennie, Issy Sunley, Sam

McLoughlin, Danny Winterbottom and Daniel Heppell, led for parts of the race, but just could not hold off the strong SYO team who took the win in a time of 2:41:54, with WCOC a creditable 2nd, only 7 minutes behind.

The younger WCOC team (WCOC Whippets) had their sights set on the Joan George Trophy (the competition for younger teams). The team of Myrtle Ashworth, George Rennie, Sophie Crawford, Eva Humphreys, Hiroki Holmes, Lily Clarkson and Toby Heppell ran well, finishing 7th on the Trophy and 4th on the Joan George Cup, Well done to all our Club juniors who took part and special congratulations to those juniors experiencing the PP for the

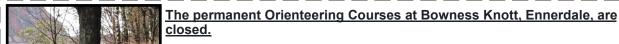




first time! Roll on next year!.

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Starting 19th September, there will be felling of more larch between Bowness Knott and Smithy Beck. All the permanent markers are being taken in. The courses are closed until the work is

complete and the maps updated.
The courses at

Bleach Green (west

end of the lake) remain open.





