



Summer Series - Ling Fell - Thanks to Toby Heppell and Pete Nelson for Thursday's event which turned out to be quite a memorable one for all the wrong reasons! I understand that there was an issue with the download box so I hope that the reported results are correct. I hope that Pete was able to locate his phone, and last but certainly not least we all wish Colin a good recovery after his unfortunate fall. A big thank you to all that assisted Colin and to CMRT for their swift arrival and extraction of Colin. Let's hope this week's event is a bit less eventful!

Results - on the Long, Charlie Rennie was 1st in 42:42, Ruben Razzetti was 2nd in 44:34, and Jamie Rennie was 3rd in 44:46. The remainder of the top ten was made up of Matthew Atkinson 4th, Chris Naylor 5th, Todd Oates (LOC) 6th, Dan Heppell 7th, Ian Cumpstey (BL) 8th, Karen Parker (BL) 9th (1st lady), Alan Irving 10th. Emma Crawford was 2nd lady and Eva Humphreys 3rd lady.

Short- Natalie Hawkrigg (BL) took the win in 42:30. Raymond Wren (BL) was 2nd in 45:50 and George Rennie was 3rd in 45:51. The rest of the top ten was made up of James Margeson (IND) 4th, Sue Skinner 5th, Lily Clarkson 6th, Roger Thomas 7th, Margaret Dagleish (ESOC) 8th, Paul Watson (BL) 9th and Julie Ferris -Worth (BL) 10th.

On the novice course James Johnson was 1st, Kyra Green was 2nd, Sola Holmes 3rd, Finn O'Donnell 4th, Joss Neild 5th and Aoife Neild 6th. Thank you to Jamie Rennie for sorting out the missing results. (Full (ish) results are on the website).

This week's event - Owsen & Burnbank- NB the details on WCOC website -Enter via Racesignup. You need to sign in before going to the start. Entries close 23:59 tomorrow (Tuesday). NB there is a 700m walk to the climb and both short and long courses cross fences.

Other upcoming Summer series' events - 29/06/2023 - Parish Relays - Marron Leys; 06/07/2023 - Blakeley Raise; 13/07/2023 - Setmurthy; 20/07/2023 - Knock Murton; 27/07/2023 - Southerndale.

Also thanks to Steve Breeze for sharing this bit of fundraising news from Orienteering Foundation - good to know that your Racesignup entries are helping such a good cause! It may not seem a lot but every little helps and several clubs use Racesignup for events so over a few months, the donation will soon mount up.



Orienteering Foundation

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Incredibly grateful to Racesignup who have announced they will be donating 1p per entry to the Orienteering Foundation
<https://www.orienteeringfoundation.org.uk/racesignup...>

Other Local Events

Border Liners - Saturday 15th July 2023 - Nunwick Hall, Great Salkeld - see BL website for information.

Lakeland Orienteering Club - Summer series events continue on Wednesdays - Check LOC website for details.



Allerdale Bike Challenge

Good to see so many Club members taking part in last week's event. With the start at Mae's tearoom in Uldale it was always going to be a tough, hilly challenge, especially in the current heatwave. Caitlin Pearson was just pipped to another win by 10 points so there is still all to play for in the series. Participants were able to cool off and enjoy great refreshments in Mae's after the event. The events are coming thick and fast this year with the next one THIS WEDNESDAY. Starting from Mawbray, this week's event will be a flatter affair but we all know how hard it can be cycling into the Solway wind! Entries close tonight at 23:59. Good luck!

Last Saturday (17th June) WCOC Come and Try Event



Thanks to Jamie and team for putting on this event. It was a busy day in town with lots of competing activities but, even so, around 25 people turned up to have a go, which is great.

Lynne has also run a very successful schools' series (more of that next week) so hopefully we will be seeing some new faces in the Club's ranks.



Venia & Jukola relays - the annual relays take place in Finland each year and create one of the biggest orienteering events anywhere. There was Club interest in both relays with Niamh Hunter running both for EUOC. In the Venia she had a strong run on 2nd leg, taking the team from 183 on the 1st change over to 107 on the 2nd changeover. The team finished a creditable 87th out of over 1300 teams. In the main Jukola Relay, Alastair Thomas was last leg for his Norwegian team NTNUI3; and had a good run to bring them home in an excellent 32nd place. Joe Hudd had a good 2nd leg run for EUOC 1, making up almost 50 places, with the team finishing in 130th and Niamh ran 1st leg for the all-women team of EUOC 3, with the team finishing 678th, out of over 1400 teams.



Parish Relays, Marron Leys

Date: Thursday, June 29, 2023

Club: WCOC

Level: Local

Type: Parish Relays

Location: near Rowrah

Parking: Grid Ref: **NY 0668 1931** (Low Leys Farm)

Dogs: No dogs on the courses

Entries:

Anyone interested in entering (or more information) should email me (miketharrison@yahoo.co.uk).

Start Times: Mass start @ 6.00 pm (call up and map issue at 5:45)

Planner: Mike Harrison and Angela Jackson

Other Notes:

Format tbc (likely to be teams of 3 running 3 legs, 2-1-2 km, with the middle leg shorter/easier for juniors.

Courses will be fast running using mainly the grassy paths through the trees (due to summer undergrowth!).

Anyone interested in entering (or more information) should email me (miketharrison@yahoo.co.uk)

For those who do not know what the Parish Relays are; they are a fast and fun relay, (which were originally made up of 3 people from the same family or area - hence the name). A decision is yet to be made on team allocation but if you would like to take part or find out more information please contact Mike Harrison.

The format usual involves short, fast courses with little technical orienteering so the event is suitable for all, including juniors and novices.

Mike Pearson has been busy with camera again. Here are s selection from Threlkeld Knotts - Thanks

Mike.



Twitter: You can follow @WCOC2014 and on the website-www.wcoc.co.uk

Also on FB—public and members' page.