



NO THURSDAY EVENT THIS WEEK.

Sadly there was no volunteer to organise this week's event so sadly you will not have the joy of orienteering around Workington this week. The good news is that planners are in place for the rest of the Autumn series events.

Upcoming Thursday events - 14/09/2023 - Risehow Coast (Maryport); 21/09/2023 - Whitehaven; 28/09/2023 - Woodhall; 05/10/2023 - Egremont; 12/10/2023 - Curwen Park, Workington.



WHINLATTER GALOPPEN (& INTERLAND SELECTION RACE FOR JUNIORS) - SUNDAY 3rd SEPTEMBER.

Thanks to Joe Sunley for planning some challenging courses for the weekend's Galoppen, Janette for organising it and all the other volunteers involved in putting on the event.

On the 8km Brown course, Matthew Atkinson was best placed Club member in 2nd, Ben Goodwin was 7th, and Chris Swanepoel was 14th. On the 7.1km Short Brown course, honours went to Steve Holmes with Isaac Hunter 2nd.

On the 6.2km Blue course, Simon Hunter was 2nd, Toby Heppell 3rd, Alan Irving was 6th, David Spencer 7th, Howard Leslie 17th, Lynne Thomas 20th (5th lady), Chris Pollitt 22nd, Sally Heppell 26th (8th lady).

On the 4.2km Short Blue course, Myrtle Ashworth took the win, and on the 4km Green course, Roger Thomas was 2nd, Chris Naylor 3rd, Nick Evans 6th, Martin Skinner 7th, Bob Dredge 12th, Pete Nelson 13th, Sue Skinner 14th (6th lady), Richard Cummings 21st, Roger Jackson 26th, Anne Burbidge 30th, Alex Crawford 32nd, Margaret MacKenzie 40th, and was Carl Humphreys 41st.

On the 2.9km Short Green Tony Duncan was best placed Club member in 5th, Kim Leslie was 6th, Liz Elliott was 12th, and Gwen Rea was 15th.

On the Light Green course, Lily Clarkson was 2nd, and on the Orange course, Wilf Clarkson was 4th, Sola Holmes 5th, Ian Teasdale 6th, Finn O'Donnell 7th and Anne Stockley was 9th, and on the Yellow course, Chris Naylor was 3rd. (Full results are on the website).

Sprint Scotland

Masterplan Events provided two days of sprint events last weekend, including a knock-out sprint world ranking event (WRE), in Alloa and a standard sprint event in Falkirk. Jamie Rennie ran consistently across the events to take the overall win on MV.

In a strong field Niamh Hunter was 3rd in the B final of the knock out sprint and finished 9th in the Falkirk event. In the men's WRE Joe Hudd was 22nd and Charlie Rennie was 24th

Border Liners - BLs have organised a Long-O event at High Pike on Sunday 17th September.

Courses (very approximate distances):- Long 18km, 730m; Medium 12km, 520m; Short 8km, 350m; Very Short 5.5km, 150m and Super Short 3.6km, 120m.

Entries open on SiEntries and close on Tuesday 12th September. Full details on BL website.



Strong teams of WCOC juniors travel to Buckingham at the weekend to take part in the Peter Palmers' relay which this year is organised by South Midlands Orienteering Club, and takes place at National Trust, Stowe. The first runners will be out in the early hours of the morning, running in the dark. Best of luck!

Also busy at the weekend is Niamh Hunter who makes her debut for the Scottish team at the Senior Home Internationals, which take place in Wales, with the individual race on Saturday and relays on Sunday. (At the time of writing there is no team information for the England team selections).