



Thanks to Stuart and Sophie Crawford for organising last Thursday's Woodhall event. On the 3.5km Long course, Jamie Rennie took the win in 20:38, with Sam McLoughlin 2nd in 22:23 and Dan Roach 3rd in 22:55. The remainder of the top ten was made of Daisy Rennie 4th (1st lady), Simon Thomas 5th, Caitlin Pearson 6th, Steve Holmes and Andy Bradley joint 7th, Mike Billingham 9th and Ryan Crellin 10th. Kate Charles was 3rd lady.

On the 2.5km Short course, Lily Clarkson took the win in 18:10, with Roger Thomas 2nd in 20:37 and Grace Weston (IND) 3rd in 22:57. The rest of the top ten was Christine Clarkson 4th, Jim Morris 5th, Sj Savage 6th, Kevin Hodgson 7th, Paul Tickner 8th, Tony Duncan 9th and Liz Elliot 10th.

On the 1.6km yellow course, it was great to see so many juniors taking part. Sam Morris took the win, Richard Graham was 2nd, and Sola Holmes 3rd. Owen Naylor was 4th, Cerys Naylor 5th, Katie Graham 6th, Stefie Stein 7th, Jessica Crellin 8th, Isabelle Crellin 9th and Emily Brookes 10th. As ever full results are available on the WCOC website.

This week's event - Egremont



A real treat for you this week - a brand new map of Egremont to try. We guarantee to take you to places you haven't been before! Egremont has a Castle so has something in common with Edinburgh, the venue for next year's World Orienteering Championships, so it will be good preparation. See the special symbol on the map showing the underpasses - the only way you can cross the Egremont bypass. Please read the details on the WCOC website carefully. Headtorches are strongly recommended. Any juniors under 16 MUST enter the Short course and as this course will still involve crossing less busy streets it is recommended that younger juniors are accompanied by an adult. Be aware of and courteous to pedestrians. Entries are open via Racesignup and close on Tuesday at 23:59. Other upcoming Thursday events - 12/10/23- Curwen Park, Workington.

Other Local Events



Lakeland Orienteering Club - Sun 8th Oct - Hardknott Galoppen - All details are on the LOC website. This is a new area mapped by Martin Bagness in 2021 & updated by Chris Heppenstall in 2023, which has a wealth of intricate rock & contour detail in a stunning setting. The usual range of Galoppen courses is available Yellow to Brown. Entries via



SiEntries and **close at 23:59 on Wed 4th October**. Some EOD will be available on all courses but will depend on map availability - it's a long way to go to find there is no map so entry in advance is recommended.

Border Liners- Sun 22nd Oct - Aughertree Galoppen - details to follow.



Message from Steve Birkinshaw who has taken over the role of Fixtures Secretary from Mike Billingham who the Club is very grateful to for doing the role for the last 5 years. We are looking for planners for the WCOC winter series of evening events shown below. Let me know if you can plan any of these events (steve.j.birkinshaw@gmail.com). As usual the pre-Christmas events are in easier and lower-lying areas. If you have never planned an event and are interested but a bit daunted about doing it

then let Steve know. We can arrange for you to do it with an experienced club member who can guide you through the whole process.

Date	Venue	Organiser/Planner	Date	Venue	Organiser/Planner
02/11/23	Camerton		04/01/24	Scale Hill	
09/11/23	Stoneywath	Pete Nelson	11/01/24	Leaps Beck	
16/11/23	High & Low Parks		18/01/24	Slate Fell	
23/11/23	Caer Mote		25/01/24	Mosser Fell	
30/11/23	Fangs Brow		01/02/24	High Rigg	
07/12/23	Longlands Lake		08/02/24	Rannerdale	
14/12/23	Whinlatter		15/02/24	Swarth Fell	
21/12/23	Low Rigg	Matthew Birkinshaw	22/02/24	Mawbray	

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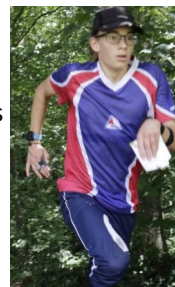


Veteran Home Internationals

Well done to Jamie Rennie who was part of the winning England team in the VHIs that took place this weekend in the Forest of Dean. After the individual event England held a strong lead, with a score of 152 points, with the Scotland team 2nd with 109 points. The strong England team managed to maintain their advantage following the relay results to take the win, with Scotland 2nd, Wales 3rd and Ireland 4th.



Next weekend it is the turn of the juniors in the Ward Junior Home International which takes place in Sutton Park, near Sutton Coldfield and WCOC have three juniors selected, Daisy Rennie, Isaac Hunter, Dan Heppell and Ruben Razzetti. Good luck to you all!



The Compass Sport Cup is the British Clubs Orienteering Championships started by CompassSport Founder Ned Paul in 1982. Clubs are categorised into small (Trophy - 13 scorers - started in 1988) and large (Cup - 25 scorers) clubs. The Competition consists of an initial round in Spring and a Final round in the autumn. Prizes are provided for by CompassSport. The Competition is administrated by a volunteer co-ordinator on behalf of CompassSport and the Orienteering Clubs of the UK for which the competition was set up to serve.

You have, hopefully, already received an email about this but just in case not, and as a reminder to let Alan know asap if you want to take part, here is the information from Jon's email again:

Back in March, an intrepid group of WCOC members journeyed to Beanley in Northumberland where they competed and won the North East CompassSport Cup heat (by a good margin). This has gained the Club entry to the CompassSport Cup Final, which this year is being held on 12th November at New Beechenhurst in the Forest of Dean, organised by BOK. This is a really good area and one that is worth travelling to. WCOC normally subsidises a proportion of the cost.

Arrangements for travel and accommodation have yet to be determined, but it is possible that we would travel down on the Saturday and back on the Sunday, with an overnight stop somewhere reasonably close to the event. Anyone wishing to travel and represent WCOC at the CSC Final should contact Alan Irving (email cumbriaal@msn.com or text on 07398715692) so that numbers can be determined and suitable arrangements made appropriate to the numbers wishing to travel.

In the past when we have attended the CSC final, some people have chosen to travel separately and to stay with relatives or friends, etc. If you would be looking to do this, then would you please let Alan know.

Alan will also need your Age Class, BOF number and Si Card (Dibber) number to sort out



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