



Thanks to Joe Sunley for organising the relay event at Fitz Park last Thursday. Joe divided the runners into teams of two, with each runner completing 2 legs of around 2km. There was a proper relay atmosphere, with lots of shouts of support for the incoming runners. Well done to the team of George Rennie and Toby Heppell who completed their legs in a time of 57:09 to take the win.



2nd place went to the team of Daisy Rennie and Eva

Humphreys in 58:27 and 3rd place was taken by the team of Caitlin Pearson and Mrytle Ashworth in 61:12. Others in the top ten were team 7 (Lynne Thomas/Chris Naylor) 4th; team 13 (Bob Dredge/Sophie Crawford) 5th; team 11 (Stuart Crawford/Robert Jones) 6th; team 3 (Nick Evans/Simon Thomas) 7th; team 6 (Alex Crawford/Simon Hunter) 8th; team 10 (Kate Charles/Lily Clarkson) 9th and team 5 (Alan Irving/Roger Thomas) 10th. (Thanks to Mike Pearson for the photos).



### AGM

The relay was followed by the Club's AGM and social at Portinscale Village Hall. The existing committee members were voted to remain on the committee, and members were given the opportunity to ask questions.

Thanks to Carl for organising the pie and peas, and to him, Liz and Lindsey who acted as servers on the night.



Presentations were made to the winners of the relay (George and Toby), and to the winners of the Winter and Summer series.

Thanks to everyone who helped organise the night and to the Club's hard-working committee members



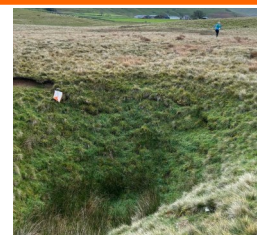
who give their time voluntarily to keep the Club running so successfully, and a big thank you to all those Club members who organise and plan the regular events that give Club members (and others) so many opportunities to enjoy the great sport of orienteering. A great team effort!



Aughtertree Galoppen. Thanks to Border Liners for yesterday's Galoppen at Aughtertree, near Caldbeck. Despite the weather staying dry, the feet certainly didn't, with plenty of marshes to navigate! The courses made use of the distinctive features in the area with several controls hidden in the many depressions, meaning that accurate compass work was a real benefit. Well done to all the Club members that attended and earned some useful points towards the overall series score.



On the 9.2km Brown course, Dan Heppell took the win with an impressive margin of just over 5 minutes, Steve Birkinshaw was 3rd, Isaac Hunter 6th, and Simon Thomas 15th. On the 6km Blue course, Simon Hunter took the win, with Toby Heppell 2nd, Matthew Birkinshaw 4th, Alan Irving 6th, Bob Dredge 10th, Martin Skinner 14th, Howard Leslie 17th, Chris Pollitt 20th, Nick Evans 25th, Dave Downes 27th, Steve Breeze 29th, Ryan Crellin 30th, Ange Jackson 31st, Kate Charles 34th, Anne Burbidge 35th, Ray Johnstone 36th, and Sally Heppell 43rd.



On the 4.2km Green course top WCOC runner was Lynne Thomas in 3rd, with Eva Humphreys 4th, Carl Humphreys 5th, Roger Thomas 7th, Pete Nelson 13th, Hannah Birkinshaw 14th, Rebecca Crellin 19th, Simon Franklin 21st, Kevin Hodgson 28th, Deborah Goodwin 40th, Janet Evans 41st, Emma Moody 42nd, Jon Eaton 43rd, and Margaret MacKenzie 46th.

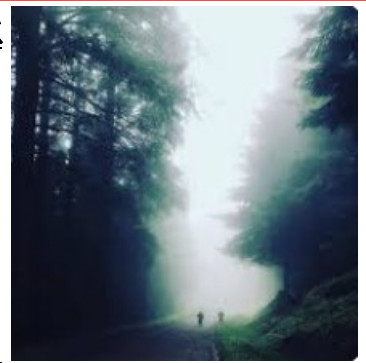
On the 3.5km Short Green course, Roger Jackson was top Club finisher in 3rd, Tony Duncan was 5th, Liz Elliot 13th, Dave Fenwick 21st, Gwen Rea 22nd, Lesley Wornham 24th, and Jane Hunter 27th. On the Light Green course, Hiroki Holmes was 2nd, and Sam Savage was 4th. On Orange, Finn O'Donnell was 2nd, Catherine Wetherfield was 5th and Ian Teasdale 6th. (Full results on BL website).





## **SPOOK-O THURSDAY 26TH OCTOBER - MORE HELP STILL NEEDED.**

It's almost time for the scariest event in the WCOC calendar! The annual Spook-O event takes place in Whinlatter. The event is open to the general public and is a great fundraiser for the Club juniors. The course follows a spooky course through the forest, visiting Halloween-themed control sites.



control sites.

We could still do with one more person to run a control (or a group of family or friends) if you can help. Also contributions of carved pumpkins and spooky cakes would be appreciated. We can collect if needed (within a reasonable distance). If you can help please contact Janette asap. (janette@jossy.co.uk). It is always an entertaining night!

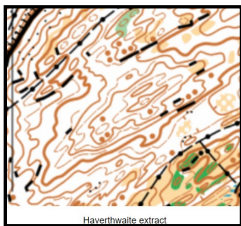


## **12TH NOVEMBER 2023 - FOREST OF DEAN - REMINDER**

If you want to attend and haven't already told Alan, you should contact him urgently - Alan Irving

(email cumbriaal@msn.com or text on 07398715692) so that numbers can be determined and suitable arrangements made appropriate to the numbers wishing to travel.

Alan will also need your Age Class, BOF number and Si Card (Dibber) number to sort out the entries.



## **Lakeland Warrior Weekend, 9th and 10th December 2023.**

A great opportunity for 2 days of quality orienteering in the Lakes! Entries are now open.

9th December 2023 - Middle Distance WRE - Haverthwaite Heights.

10th December 2023 - Long Distance WRE - Witherslack.

These two events are World Ranking Events on some of the best areas in the Lake District and the courses are being planned to the highest standards for Elite runners. Non-elites can also enter.

Events organised by Masterplan. Planner: Martin Bagness.

For all the relevant information and link to entries see the Masterplan Event Page: <https://masterplanadventure.weebly.com/lakeland-warrior-2023.html>



## **Kong Mountain Marathon/ Long -O event.**

It will be the last race of the season.

Full details:

[kongadventure.com/our-events/](http://kongadventure.com/our-events/)

## **Upcoming WCOC events:**

### **Night Series:**

2/11/23 - Camerton

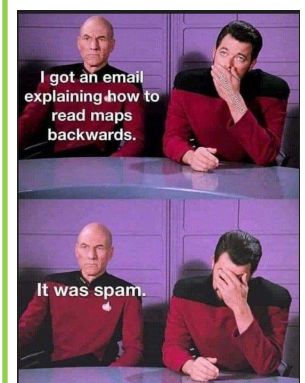
09/11/23-Stoneywath/Hunter How

16/11/23- High and Low Parks

### **Also- Do not forget the next Galoppen**

5/11/23 - Roanhead (nr Barrow) - an area of wild unspoilt intricate sand dunes on the edge of the Duddon estuary. Usual range of courses suitable for all. Entries open SiEntries and close 23:59 Weds 1st Nov. Full info on LOC website.

## **And finally:**



Twitter: You can follow @WCOC2014 and on the website-[www.wcoc.co.uk](http://www.wcoc.co.uk)

Also on FB—public and members' page.