



Night Series Events - Thanks to Alan Irving for organising last week's first Night Series event at Camerton. On the 4.4km Long course, Dan Heppell made speedy work of the course, taking the win in 22:30; with brother Toby 2nd in 25:28, and Simon Hunter was 3rd in 27:36. The remainder of the top ten were, Steve Birkinshaw 4th, Jamie Rennie 5th, Chris Naylor 6th, Jacob Tonkin 7th, Steve Holmes 8th, Matthew Birkinshaw 9th, and James Birkinshaw 10th. Daisy Rennie was first lady, Urszula Bronkowska was 2nd and Eva Humphreys was 3rd.

On 2.9km Short course, Helen Rennie took the win in 28:03, with Roger Jackson 2nd in 28:22 and Bob Barnby 3rd in 30:09. The rest of the top ten was made up of Richard Cummings 4th, Sam Savage 5th, Leena Madden 6th, Alex Crawford 7th, Margaret MacKenzie and Philip Nichols (BL) joint 8th and Beatrix Gorrill 10th.

On the Yellow course, Sola Holmes took the win from Kyra Green.

This Week's Event - Hunter How (near Kirkland (next door to Croasdale). For those who are used to running at the Leaps, the parking is on the road junction on the verge at Leaps. Please note the information on the website re keeping gates closed (remember we use the land with the kind permission of the farmer and it is vital that you follow instructions to ensure that we can use the area in the future). Extra fields have been added to the map, including a complex area of rough ground so navigation on the long and short courses will be tricky, and the ground is likely to be wet. NB starts from 5pm (or when it gets dark) - 7pm. Courses close 8pm. Remember that you must download even if you retire.

Given the hilly terrain and tricky navigation make sure you allow enough time for your course and that you are back at download no later than 8pm.

You should bring a decent head torch (maybe a spare one, and/or a spare battery), and be sure to dress appropriately for the weather. [The events before Christmas tend to be on easier areas so are suitable for those trying the night series for the first time, novice orienteers and families and children. Younger and/or inexperienced juniors should be accompanied].

Full details on the website. **Entries are open on Racesignup and close on Tuesday at 23:59.**

Other upcoming night events in the series: 16/11/23 - High and Low Parks; 23/11/23 - Caer Mote; 30/11/23 - Fangs Brow.

Saturday Series

WCOC will be holding a Saturday Series in the coming months, with the aim of providing events with low technical difficulty (White to Orange courses) which will be ideal for beginners or younger juniors.

The first event is happening on Saturday 25 November (afternoon) in Bridekirk, with the 2nd event on Saturday 2nd December in Whinlatter - further details to follow.

CompassSport Cup Final - New Beechenhurst - 12th Nov 2023

Good luck to the WCOC team heading down to the Forest of Dean this weekend for the CompassSport Cup Final. There are around 50 Club members taking part spread across all courses. There are now two minibuses being used for the trip and volunteer drivers are needed. Therefore if you are willing to drive and have the necessary category on your driving licence please let Alan know.

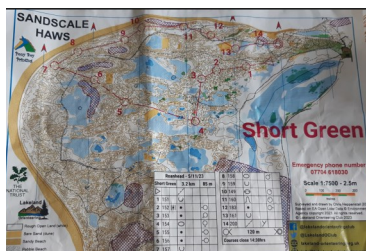
There may be an opportunity to take part in the MDOC Mini O Fest near Manchester on the way down. If you are interested in doing this please let Alan or Helen Rennie know asap, as there will need to be coordination of transport options and entries.

Twitter: You can follow @WCOC2014 and on the website www.wcoc.co.uk

Also on FB—public and members' page.

Roanhead Galoppen

Thank you to Lakeland Orienteering Club for the last Galoppen of the season which took place in the complex dunes of Roanhead near Barrow, which certainly provided plenty of challenging navigation and terrain. It was a beautiful sunny day and the views out over Roanhead beach, with the looming Black Combe behind were superb.



On the 9km Brown course Charlie Rennie had a strong run to take 2nd, less than a minute behind LOC's Joe Woodley, but managing to take the scalp of renowned GB Elite Chris Smithard who finished 3rd. Steve Birkinshaw finished 6th, James Birkinshaw 10th, Jamie Rennie 13th and Simon Thomas 40th. On



6.8km Blue course, Mike Billinghurst was top Club finisher in 12th, with Matthew Birkinshaw 14th, Chris Pollitt 27th, Steve Breeze 35th, George Rennie 42nd, Ange Jackson 43rd, Howard Leslie 57th, Helen Rennie 60th, Sally Heppell 65th and Ryan Crellin 68th. On the 4.3 Green course Bob Barnby was 11th, Pete Nelson 15th, Richard Cummings 20th, Hannah Birkinshaw 36th, Kevin Hodgson 39th, Rebecca Crellin 42nd, Anne Burbidge 43rd, Chris Emerson 44th, Emma Moody 45th, Alex Crawford 63rd, Ray Johnstone 75th, Ann Cummings 78th and Jon Eaton 85th. On the Short Green, Liz Elliott took 9th, with Tony Duncan 15th, Lesley Wornham 30 and Gwen Rea 31st.

On Light Green Jenny Brand was 6th, and on Orange Catherine Wetherfield and Ian Teasdale were 15th and 16th. (Photo credits LOC and Louise Thompson).

The overall finishing position for the Borrowdale Trophy will be confirmed shortly - it was close going into the final event! A big thank you to all the Cumbrian clubs for putting in the time and



effort to make the series happen, and for staging such an enjoyable and varied series. For info visit: cumbriangaloppen.co.uk



Edinburgh Big Weekend 2024

Entries are open for next year's event which takes place over the weekend of 26th - 28th January.

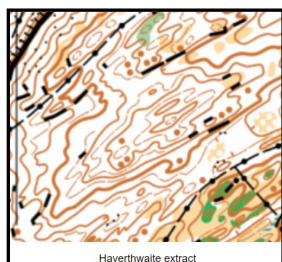
To really get the party started for WOC 2024, **all of this years areas will be urban.** Moreover, Edinburgh University Orienteering Club will host a sprint training camp in Edinburgh during the period 22-25th January 2024. The event will be tailored to elite athletes and will feature opportunities to practice head-to-head knockout racing.

Held at the end of January, interesting terrain, great courses, and lively social events help attract over 600 participants every year.

The 2024 event will be no different...

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Lakeland Warrior Weekend, 9th and 10th December 2023.



A great opportunity for 2 days of quality orienteering in the Lakes! Entries are now open.

9th December 2023 - Middle Distance WRE - Haverthwaite Heights.

10th December 2023 - Long Distance WRE - Witherslack.

These two events are World Ranking Events on some of the best areas in the Lake District and the courses are being planned to the highest standards for Elite runners. Non-elites can also enter. Events organised by Masterplan.Planner: Martin

Bagness.

For all the relevant information and link to entries see the Masterplan Event Page: <https://masterplanadventure.weebly.com/lakeland-warrior-2023.html>



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