



Upcoming Fixtures....

THIS WEEK Thur 9 June, Matty Benn's Bridge. A part of Kinniside Common with quite a few features to keep the navigation engaged. Fun if it is misty. Cost £3.50/£2. Starts from 5.45 to 7pm.

Wed 8 June, Maryport. The second of the Allerdale Bike Challenge events, starting from Maryport Golf Club. 2 hour score event on tarmac! Enter via bmbo.org.uk

Thur 16 June, Setmurthy. A small forest close to Cockermouth, which is surprisingly technical. Cost £3.50/£2. Starts from 5.45 to 7pm.

Team Result

Table with 3 columns: Name, Rank, Score. Includes names like Matthew Vokes, Helen Winskill, Michael Pearson, etc.

CompassSport Cup

first round qualifier was rescheduled for last Saturday at Timble near Blubberhouses. Thanks to CLARO for delivering the event. A new date seldom works for all, and so it was that a depleted team turned up to fight for a place in the final. SYO won (2425), with AIRE second (2368) and we were third (2166). CLOK and EBOR were fourth and fifth. It was a shock to the system to find temperatures only just in double digits, but it did provide good running conditions.

Haverigg Galoppen

A fantastically warm day on the dunes at Haverigg gave tough running conditions. Alastair Thomas was second on Brown, with Daniel Spencer second on Blue. David Spencer, Roger Thomas and Rosie Spencer were 1-2-3 on Sh.Green. Henry Teasdale (2nd), Joseph Sunley (3rd) and Carys Thomas (4th) on Lt.Green. Wilfrid Teasdale was our only outright winner, on Orange. Hannah (3rd) & James Birkinshaw (4th) also on Orange. Hiroki Holmes (2nd) & Matthew Birkinshaw (3rd) on Yellow. Well done guys.

Mell Fell 02.06.2016

(Selection from the results.)

Table with 3 columns: Rank, Name, Time. Includes names like Matthew Vokes, Alastair Thomas, Duncan Harris, etc.

Parish Relays 14 July

Early notice of this event, which will be held at High Park on the shores of Crummock. Teams of three, so juniors, start thinking about who you can run with. Always a highlight of the season!

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info