



Upcoming Fixtures....

THIS WEEK Thur 7 July, Cockermouth.

A replacement for the loss of the Dent Fell venue. See details on the website. Cost £3.50/£2. Starts from 5.45 to 7pm.

Thur 14 July, High Park, Loweswater. The

Parish Relays for teams of three. Junior competition as well, with details on the website. **Reply to this EMAIL with team details.**

Sun 17 July, Allerdale Chase. Overlooking

Derwentwater with some of the best views in the Lakes. Cost £3.50/£2. Starts from 5.45 to 7pm.

Allerdale Bike Challenge

The fourth event in the series, Wednesday 6th July. A two hour score event, collecting as many of the 25 controls as possible. Details & entry on www.bmbo.org.uk

Purple Thistle (lift to the event)

Dave Fenwick has a space in his car, travelling on the Friday and returning on the Monday. Closing date for entries is 12th July. Email Dave, davfen44@yahoo.co.uk.

Saunders Lakeland MM

A few club members took part in this two day mountain marathon. Matthew Vokes, with brother Philip won Kirkfell by 50 mins overall. Andrew and Hannah Bradley were 6th. Simon & Niamh Hunter, 6th on Bedafell, with Steven & Ben Breeze 7th.

WCOC's Anniversary

A group of people got together in September 1967 and formed West Cumberland Orienteering Club. So, 2017 will be a very significant birthday for the club. Once again a group of people have been beavering away to develop a program of events to celebrate this fact. We would like to have a special O-top.... get involved in the 'design competition'.... see the details on the website.



Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!
<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

European Youth Champs



Alastair Thomas (M16) takes a fifth place in the Sprints, with Grace Malloy MAROC fourth in W16

Bleaberry Fell 30.06.2016

(Selection from the results.)

Long

1st	Matthew Vokes	40:38
2nd	Simon Hunter	45:12
3rd	David Spencer	46:06
4th	Ian Cumpstey	50:32
5th	Daniel Spencer	53:26
6th	Jeff Goodwin	53:42
7th	John Taylor	55:56
8th	Ben Breeze	56:35
9th	David Frame	59:06
10th	Lynne Thomas	59:10
11th	Steven Breeze	61:27
12th	Raymond Wren	62:19
13th	Ian Teasdale	64:15
14th	Bob Barby	65:46
15th	Elna Mikaelsson	66:27
16th	Anne Burbidge	66:34
17th	Chris Pollitt	66:54

Short

1st	Oliver Heron-Southward	34:42
2nd	Roger Jackson	38:22
3rd	Stuart Parker	39:14
4th	Simon Hunt	43:31
5th	Susan Skinner	44:50
6th	Rosie Spencer	46:03
7th	Wilfrid Teasdale	48:01
8th	Joseph Sunley	49:20
9th	Alice Rea	49:45
10th	Jenny Wren	50:07
11th	Vanessa Brierley	51:25
12th	David Rodger	51:39
13th	Andy Rodger	52:04
14th	David Fenwick	55:23
15th	Phil Nichols	56:29
16th	Joan Cumpstey	57:28

Novice

1st	Hiroki Holmes	28:53
-----	---------------	-------