



Upcoming Fixtures....

THIS WEEK Thur 8 September, Silloth.

Second of the Autumn Park Series, with courses using the complex dunes just south of the harbour. See details on the website. Cost £3.50/£2. Starts from 5.45 to 7pm.

Sat 10 September, Eycott Hill. BL's Saturday morning series. See their website for details.

Thur 15 September, Oldside. The third event of the park series. See details on the website. Cost £3.50/£2. Starts from 5.45 to 7pm.

Winter Night Events

Mike Harrison has the series pretty well sorted, but please check if there is a free spot after Xmas; you may still be able to plan one of the events.

So.... it is time to start getting the gear sorted. The headtorch may need the dust wiping off! And the safety gear; please carry whistle and bivvy bag when out on the exposed areas, and perhaps a spare torch (in a bum-bag). The first event is on 3rd November at Mirehouse.

Peter Palmer Relays.

Good luck to our juniors this coming weekend in the PP Relays, which are being hosted by LEI. This is a multi leg relay starting in the dark (4am?) with courses suitable for all the abilities. A great FUN event.

SPOOK-O

This year's event will be held on 27th October. Have you plans for an interesting site on the route around the forest? Catherine Wetherfield would like to hear from you, and would very much appreciate some help preparing the venue and co-ordinating the sites.

JHI Selections

Congratulations to the **FIVE** club juniors who have made the England Team.... Caitlin Irving, Rosie Spencer, Niamh Hunter, Alastair Thomas and Daniel Spencer.

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

Club AGM

Thursday 20th October is the date for the 2016 AGM. Details of the venue and format of the event will be announced shortly. As usual, a report of our 2015-16 year's activities and great successes will be outlined. If you would like to be involved on the committee please speak to the chair, Graham Watson. 'New blood' is warmly welcomed.

Maryport Park Race 01.09.2016

(Selection from the results.)

Long		
1st	Alastair Thomas	24:59
2nd	Daniel Spencer	27:04
3rd	Simon Hunter	27:44
4th	Matthew Vokes	28:23
5th	Mike Harrison	30:27
6th	Solomon White	31:03
7th	Jeff Goodwin	31:47
8th	Joe Hudd	31:59
9th	Joseph Sunley	32:15
10th	Niamh Hunter	33:25
11th	Steven Breeze	33:35
12th	John Taylor	35:01
13th	Angela Brand-Barker	35:13
14th	Ben Goodwin	35:43
15th	Matthew Blackley	35:51
16th	Lynne Thomas	35:58
17th	Roger Jackson	35:59
18th	Graham Capper	36:02
19th=	David Spencer	37:03
19th=	Graham Watson	37:03
Short		
1st	Wilfrid Teasdale	19:46
2nd	Susan Jackson	21:54
3rd	Ian Hope	22:46
4th	Roger Thomas	24:02
5th	Carys Thomas	24:48
6th	Daniella Hope	25:56
7th	Ben Gibson	27:54
8th	Elizabeth Elliott	28:34
9th	Patrick Thomas	30:22
10th	Tom Carter	31:22
11th	Isabel Sunley	33:29
12th	Janette McHendry	34:25
13th	Stephen Bass	34:34
14th	Isabelle White	35:44
Novice		
1st	Steve Holmes	14:24
2nd	Hiroki Holmes	15:31
3rd	Isaac Hunter	42:04