



## Upcoming Fixtures....

**THIS WEEK Thur 3 November, Mirehouse.** First event of the winter series. An easy venue to begin with. Long, short and easy courses. Cost £3.50/£2. Starts from 5.45pm. See website for details.

**Sun 6 November, Galoppen at Burnbanks.** Usual courses, Brown to Yellow. Something for everyone. Details on BorderLiners website.

**Thur 10 November, Eaglesfield Crag.** Rough grazing land with loads of limestone rock features. Long, short and easy courses. Cost £3.50/£2. Starts from 5.45pm. See details on the website.

**Thur 17 November, Kelton Fell Top.** Rough grazing land with numerous scars from mining. Long, short and easy courses. Cost £3.50/£2. Starts from 5.45pm. See details on the website.

### Original MM

Mild weather conditions, for a change, accompanied the 49<sup>th</sup> running of the OMM. Great to see Steve Birkinshaw taking fifth on the Elite course. Ray Johnstone was 21<sup>st</sup> on the C. Rob Stein was 11<sup>th</sup> on the Long Score. Alan Irving was 3<sup>rd</sup> on the Short Score, with Martin Skinner and Lynne Thomas 12<sup>th</sup>.

### Newsletter

Please send your contributions to Rob & Jennie Stein by 14<sup>th</sup> November. It would be good to read about all the exploits that have happened over the summer months.

### Upcoming Coaching Sessions

These are very informal sessions intended for both juniors and adults. Come prepared for the weather conditions and let Lynne know by the Thursday before the session so that maps can be printed, and there are enough coaches. 26<sup>th</sup> November at Hawse End. Lovely sheltered woodland! 17<sup>th</sup> December at Whinlatter. The Christmas get-together, so expect exciting games & activities!

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

### Winter is a coming.....

Winter weather comes as a bit of a shock! Please come to events prepared for the unpleasant conditions that might occur. It is advised that cagoules should be carried (perhaps in a bumbag), along with a whistle, and a bivvy bag if you have one. Keep your personal safety in mind and come prepared. Stay safe & enjoy the run.

### Rankings as of 31.10.2016

(Selection from the rankings.)

|                |                       |      |
|----------------|-----------------------|------|
| 1 (42 +1)      | Alastair Thomas       | 8035 |
| 2 (101 +17)    | Daniel Spencer        | 7835 |
| 3 (189 +10)    | Simon Hunter          | 7667 |
| 4 (219 -4)     | Phil Winskill         | 7612 |
| 5 (253 +1)     | Michael Billingham    | 7537 |
| 6 (388 +2394)  | David Spencer         | 7358 |
| 7 (396 -5)     | Martin Skinner        | 7346 |
| 8 (410 -5)     | Mike Harrison         | 7322 |
| 9 (428 +9)     | Alan Irving           | 7306 |
| 10 (453 -6)    | Helen Winskill        | 7274 |
| 11 (480 -3)    | Ben Breeze            | 7236 |
| 12 (488 -1)    | Niamh Hunter          | 7227 |
| 13 (532 +1455) | Steve Holmes          | 7184 |
| 14 (556 -4)    | John Slater           | 7167 |
| 15 (648 -8)    | Jeff Goodwin          | 7091 |
| 16 (648 -8)    | Colin Valentine       | 7091 |
| 17 (670 -7)    | Joseph Goodwin        | 7073 |
| 18 (727 -13)   | John Taylor           | 7028 |
| 19 (825 -6)    | Graham Watson         | 6952 |
| 20 (861 +41)   | Howard Leslie         | 6924 |
| 21 (886 -11)   | Susan Skinner         | 6909 |
| 22 (915)       | Steven Breeze         | 6892 |
| 23 (931 -13)   | Lynne Thomas          | 6878 |
| 24 (989 -9)    | Chris Pollitt         | 6834 |
| 25 (995 -9)    | Roger Thomas          | 6831 |
| 26 (1160 -12)  | Kate Charles          | 6689 |
| 27 (1163 -13)  | Ian Teasdale          | 6684 |
| 28 (1201 -12)  | Bob Bamby             | 6651 |
| 29 (1236 -10)  | Ange Jackson          | 6628 |
| 30 (1379 -17)  | Michael Pearson       | 6503 |
| 31 (1383 +127) | Roger Jackson         | 6500 |
| 32 (1476 -10)  | Richard Cummings      | 6422 |
| 33 (1592 +23)  | Tony Duncan           | 6330 |
| 34 (1640 -10)  | Anne Burbidge         | 6303 |
| 35 (1801 -1)   | Catherine Wetherfield | 6186 |
| 36 (1928 -13)  | Debbie Watson         | 6058 |
| 37 (1944 -11)  | Vanessa Brierley      | 6037 |
| 38 (1968 +630) | Ray Johnstone         | 6019 |
| 39 (1982 -10)  | Ann Cummings          | 6000 |
| 40 (2184 -12)  | Paul Tickner          | 5798 |