



## Upcoming Fixtures....

**THIS WEEK Thur 1 December, Low Rigg.** Wonderful fellside, with oodles of features. Long, short and easy courses. Cost £3.50/£2. Starts from 5.45pm. See details on the website.

**Sat 3 December, Hackthorpe New Wood.** Informal event near Penrith. See BL website for details.

**Thur 8 December, High & Low Hows.** Fabulously complex little woodland near Grange. Long, short and easy courses. Cost £3.50/£2. Starts from 5.45pm. See details on the website.

### World Schools Selections.

TEN club members have been selected for the World Schools Championships to be held in Palermo, Italy (Sicily) on 22-28 April 2017. Cockermouth School will be sending a senior Boy's team, Alastair Thomas, Zac Hudd, Daniel Spencer, Joe Goodwin and Louis Morris. Niamh Hunter is part of the Senior Girls Select Team. Rosie Spencer & Caitlin Irving are part of the Junior Girls Select Team. Two reserves, Ben Breeze (Senior Boys) and Carys Thomas (Junior Girls). Outstanding! Any fundraising ideas would be welcome... and only five months to do it in!

### Hawse End Galoppen

Many thanks to the Blue team for staging the event, and in particular to Michael Billinghamurst (planner), Mike Hind (controller) and Tony Duncan (organiser). Cool and clear conditions attracted over 210 competitors. Notable performances: Brown, 2<sup>nd</sup> Matthew Vokes, 3<sup>rd</sup> Daniel Spencer, 4<sup>th</sup> Steve Birkinshaw. Blue, 3<sup>rd</sup> Ben Breeze, 6<sup>th</sup> Niamh Hunter (1<sup>st</sup> Lady). Green, 1<sup>st</sup> Helen Winskill, 8<sup>th</sup> Wilfrid Teasdale. Short Green, 3<sup>rd</sup> James Birkinshaw. Light Green, 3<sup>rd</sup> Jess Breeze. Orange, 3<sup>rd</sup> Isabel Sunley. Yellow, 4<sup>th</sup> Isaac Hunter. Galoppen scores are going through the algorithm. Have we retained the Borrowdale Compass Trophy?

### Welcome for New Member

Welcome to John Brooks (M21) from Gt. Broughton.

**Twitter.** You can follow @WCOC2014



Cumbria Sport Junior Team Award 2016  
Cockermouth School British Schools winners in 2015. Top performers all!!

### Fangs Brow 24.11.2016

(Selection from the results.)

Long		
1st	Matthew Vokes	32:04
2nd	Rhys Findlay-Robinson	34:58
3rd	Zac Hudd	42:15
4th	John Slater	44:06
5th	Michael Billinghamurst	45:03
6th	Martin Skinner	48:06
7th	Ben Goodwin	49:06
8th	Mike Harrison	49:53
9th	John Taylor	50:45
10th	Louis Morris	51:37
11th	Susan Skinner	51:38
12th	Roger Jackson	54:28
13th	Niamh Hunter	55:47
14th	Ben Breeze	55:48
15th	Joe Goodwin	55:49
Short		
1st	Thomas Woolley	32:10
2nd	John Brooks	35:06
3rd	Lily Regan	42:06
4th	David Rodger	43:01
5th	Nathan Kemp	43:05
6th	Alice Kemp	43:20
7th	Herbie Ashworth	43:39
8th	Jo Gillyon	44:03
9th	Adrian Ledger	44:46
10th	John Bacon	45:06
11th	Rebecca Wildgoose	47:15
12th	Deborah Goodwin	47:53
13th	Elizabeth Elliott	52:02
14th	Clare Rodger	53:35
15th	Andy Rodger	53:53
Novice		
1st	Isobel Greenwood	14:38
2nd	Huw Brassington	20:00
3rd	Mandy Glanvill	23:16

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>