



Upcoming Fixtures....



THIS WEEK Thur 16 February, Keswick. Using street and park orienteering plus a biathlon element (darts competition). Long, short courses. Starts from 5.45pm. See website for details, www.wcoc.co.uk.

Sat 18 February, Miltonrigg. An informal event by BorderLiners. For details see their website.

Sun 19 February, Whinlatter. An informal event with long, medium and short courses. Suitable for all abilities, and particularly targeted at young families. Starts from 11am. See website for details, www.wcoc.co.uk.

Thur 23 February, Maryport Golf Course. A brand new area and map, with the clubhouse available for food/drink after your run, and for the series presentation of prizes. Long, short and easy courses. Starts from 6.30pm. (once it is dark enough!) See website for details, www.wcoc.co.uk. Please reply to this EMAIL if you intend to stay for food, so we can warn the staff of numbers.

CompassSport Cup Qualifier (March 12th)

Simpson Ground in the South Lakes will host the NW qualifier for the CompassSport Cup competition. With the final (in Oct/Nov 2017) located in Devon, WCOC have decided to enter the qualifier non-competitively. Alan Irving is the team manager and makes the formal entry to SROC. Please let him know if you wish to enter. Deadline is close.

West Cumbria Schools' League

A series of four secondary and six primary school events have been planned for 2017. A small group of volunteers have helped to run these events over the last fifteen years. Are you free on a Monday or a Thursday afternoon (2-5pm) during May/June to lend a hand at some of these events? Help would be very much appreciated. Please reply to this EMAIL for a list of dates if you can find some time to help.

Twitter. You can follow @WCOC2014

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#7. (NW) Highest spot in England's green and pleasant land. (7,4)

Retain your answers till the end of the year. Prizes for highest scores.

Whinlatter Informal Event

Another perfect opportunity to try some orienteering. Courses have been planned with families and youngsters in mind. Whinlatter's path network will test your navigational skills. If you enjoy the challenge and the younger family members want to try and learn more about the sport, the club runs regular coaching sessions throughout the year, which are open to all club members. Just ask for details.

Blea Tarn 09.02.2017

(Selection from the results.)

Long

1st	Matthew Vokes	30:05
2nd	Daniel Spencer	36:49
3rd	Alastair Thomas	37:36
4th	David Spencer	39:53
5th	Ben Breeze	40:10
6th	Steve Holmes	44:04
7th	Jeff Goodwin	45:13
8th	John Slater	45:29
9th	Mike Harrison	45:48
10th	Ben Goodwin	46:14
11th	Louis Morris	47:24
12th	Steven Breeze	52:16
13th	Niamh Hunter	54:22
14th	Zac Hudd	55:03
15th	Chris Pollitt	61:15
16th	Kate Charles	65:30
17th	Susan Skinner	67:17
18th	Ange Jackson	80:04

Short

1st	Roger Thomas	31:46
2nd	Carys Thomas	48:16
3rd	Anne Burbidge	53:54
4th	Vanessa Brierley	54:04

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>