



Upcoming Fixtures....

THIS WEEK Thur 16 March, Marron

Leys. Interesting newly planted woodland area. Part of the Spring Series. Starts from 5.45pm or earlier. Not a lot of daylight to play with. See website for details, www.wcoc.co.uk.

Thur 23 March, Woodhall Park. Lovely little area of farmed parkland. Fast, shortish courses. Part of the Spring Series. Starts from 5.45pm or earlier. Not a lot of daylight to play with. See website for details, www.wcoc.co.uk.

Coaching 19th March, Borrowdale

Open to all... novice, adult and families. Contact lynnethomas99@yahoo.co.uk for details and booking a place. (Maps need to be prepared.) The area is near Surprise View. The wooded area is complex with lots of rock and contour detail, great to test/learn the 'O' skills needed. Contact Lynne before 16th (Thursday). Check out the website for further details.

Retro Events.

Two events (30th March, Setmurthy & 6th April, Lowther Park) are being planned to recreate what 'O' was like 40 odd years ago. Bob Barnby and Pete Nelson (with some experience of those days!!) will try to show you what it was like. Come along, but expect an event where things will be done differently. You will leave the event with some appreciation of how far the sport has moved on.... and be amazed!

British and JK relays

Alan Irving will be making the entries for both of these relay events for all the senior club teams. The JK entries have to be made at the end of this week, so details to Alan by Friday, 17th. The British Relay entries have to be in next week. The British is in the Lakes, on Summerhouse Knott. A great area. Please provide your details, BOF number, ecard number, and your preferred team/leg. The junior teams are being co-ordinated by Vanessa Brierley. The club subsidises half the cost of the entry.

Twitter. You can follow @WCOC2014

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#11. (NW) 'Room' for a young lady. (6,4)

Welcome to New Members

Chris Regan (M45), Cockermouth.
Oliver Lumb (M10), Cockermouth.
Schilling Family, Mike (M35),
Jennifer (W35), Edith (W10), Martha (W10). Welcome to you all.

Crow Park 09.03.2017

(Selection from the results.)

Long		
1st	Alastair Thomas	15:31
2nd	Zac Hudd	15:32
3rd	Daniel Spencer	16:21
4th	Simon Hunter	16:25
5th	Joe Sunley	16:51
6th	Michael Billinghamurst	17:14
7th	Niamh Hunter	17:16
8th	Ben Goodwin	17:44
9th	Louis Morris	18:52
10th	Alan Irving	18:53
11th	Steve Holmes	19:19
12th	Joe Hudd	19:27
13th	Steven Breeze	19:56
14th	Martin Skinner	20:15
15th	David Spencer	20:28
16th	Angela Brand-Barker	20:52
17th	Caitlin Irving	20:56
18th	Ian Teasdale	21:06
19th	Jeff Goodwin	22:00
20th	Ben Breeze	22:06
21st	Mike Hind	22:14
22nd	Roger Thomas	22:20
23rd	Graham Watson	22:43
24th	Isabel Berry	22:50
25th=	Bob Barnby	23:21
25th=	Henry Teasdale	23:21
27th	Wilfrid Teasdale	23:27
Short		
1st	Ben Holmes	8:39
2nd	Tom Hind	8:41
3rd	Stuart Crawford	10:29
4th	Sam Holmes	11:02
5th	Annabel Holmes	11:25
6th	Michael Pearson	13:20