



Upcoming Fixtures....

THIS WEEK Thur 5 October, Whitehaven. Fifth of the autumn series. A special Micro-Sprint event using Castle Park in Whitehaven. See website for details.

Thur 12 October, Keswick. Final event of the autumn series. Long and short courses. Mostly urban. Followed by a pie & pea supper at Kong Climbing Centre with a Q&A session with Jos Naylor. See website for details.

Thur 19 October, Cockermouth. The Annual General Meeting at "Wild Zucchini's Bistro" (Station Street, Cockermouth) starting at 7:00pm. Let Lesley Wornham know you are attending for catering numbers.

Thur 26 October, SpookO, Whinlatter. This year's 'spooky' treat is being organised by the juniors. See website for details. Always an entertaining event!

Middles & Sprints

Great performances at the two British Champs held at the w/e. NINE podium finishes for WCOC. Rosie Spencer took GOLD on W16 in the Middles, with SILVER for Mike Pearson (M70, photo), Wilfrid Teasdale (M12), Isabel Sunley (W12), Susan Skinner (W50) and BRONZE for Caitlin Irving (W14). In the Sprints Joe Hudd took SILVER in M14, and Wilfrid Teasdale (M12) and Isabel Sunley (W12) each took BRONZE. Excellent performances.



Club AGM

Thursday 19th October is the date for the 2017 AGM. Details of the venue (Zuccinis in Cockermouth) and format of the event will be announced shortly. If you would like to get involved with the running of the club please contact the chair, Graham Watson. New ideas are very welcome.

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!
<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. [They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

#40. (NW) Is this the home of the red newt? (12)

Retain your answers till the end of the year. Prizes for highest scores.

Alastair Thomas, Daniel Spencer, Zac Hudd and Niamh Hunter return home from their great performances at JEC in Austria at the weekend.

Memorial Gardens 28.09.2017

(Selection from the results.)

Long		
1st	Matthew Vokes	11:03
2nd	Charlie Rennie	11:49
3rd	Joe Sunley	11:50
4th	Joe Hudd	12:13
5th	Jamie Rennie	12:25
Short A		
1st	Sophie Crawford	19:57
2nd	George Rennie	21:56
Short B		
1st	Daisy Rennie	11:27
2nd	Dan Woodbury	14:40
3rd	Sol Cooney	14:53
Novice		
1st	Sola Holmes	15:09
2nd	Jackson Jane	15:31
3rd	Sean Liaw	15:37
4th	Oliver Lumb	15:40
5th	Hiroki Holmes	15:42
6th	Thomas Lumb	15:57
7th	Kay Liaw	16:06
8th	Jessica Golightly	16:35
9th	George Golightly	16:45
10th	Noah Whitehead	16:59
11th	Sophie Smith-Jackson	17:42
12th	Matthew Smith-Jackson	17:56
13th	Sam Addicott	19:03
14th	Lilly Addicott	19:08
15th	Tristan Patterson	19:18
16th	Daniel Foy	19:20
17th	Holly & Leona P	19:50
18th	Jacob Nichols	20:02
19th	Anna Watkins	20:17
20th	Jodie Patterson	20:18
21st	Patrick Stevenson	20:58
22nd	Finlay Harper	21:26