



Upcoming Fixtures....

THIS WEEK Thur 9 November, Caer Mote.

The second event of the night series on easy terrain. The area is close to Bothel. Starts 5.45 to 7.15pm. Cost £3.50/£2.

Sun 12 November, Copeland Chase.

A Long-O on Threlkeld Knotts & High Brow. Score event, 1-4 hours, you choose. Pre-enter by Tues 7th Nov. See website.

Thur 16 November, Scale Hill.

The third event of the night series on easy terrain. The area is close to Loweswater. Starts 5.45 to 7.15pm. Cost £3.50/£2.

Coaching Session

Coaching for TD1-5 session for adults and juniors Sat 11th Nov 1030 start. 1hr for juniors, 2hrs for TD3-5 Hogg Wood & Ladies Table, see website for details Please contact Lynnthomas@yahoo.co.uk

The Night Event Series.

Slate Fell, the first of the series, saw a large turnout. Thank you to everyone for showing patience waiting in the queue. As we usually use roadside parking please try to park on just one side of the road and when walking on the road put your torch onto its lowest setting so as to reduce the hazzard to other road users and keep the event safe.

Welcome to New Members

Emily Heron-Southward (W12) from Eaglesfield. Welcome!

Sports Awards

WCOC won two awards at the Allerdale Sports Awards held at the Sports Centre in Workington on Saturday. Best Junior Team of the Year and a Special Award for the 50th Anniversary year achievements inspired by the great coaching team and presented to Lynne Thomas.



Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

45. (NE) Nerd Art (anag.) (3,4)

Retain your answers till the end of the year. Prizes for highest scores.

Slate Fell 02.11.2017

(Selection from the results.)

Long

1st	Alastair Thomas	26:57
2nd	Daniel Spencer	28:42
3rd	Niamh Hunter	31:30
4th	Joe Hudd	32:30
5th	Joseph Goodwin	34:03
6th	Ben Breeze	34:41
7th	David Spencer	34:57
8th	John Slater	35:33
9th	Joe Sunley	35:38
10th	Charlie Rennie	36:52
11th	Michael Billinghurst	38:12
12th	Mike Harrison	38:25
13th	Louis Morris	38:40

Short

1st	John Bacon	30:44
2nd	Ian Teasdale	32:55
3rd	Jessica Breeze	33:05
4th	Carys Thomas	33:16
5th	Roger Thomas	33:28
6th	Margaret Mackenzie	34:09
7th	Isobel Greenwood	35:08
8th	Kevin Hodgson	36:11
9th	Clare Rodger	36:54
10th	Vanessa Brierley	40:05
11th	Alice Kemp	40:10
12th	Andrew Stevens	40:26
13th	Deborah Goodwin	41:55

Novice

1st	Ruben Razzetti	14:48
2nd	Emma Crawford	16:01
3rd	Daisy Rennie	16:11
4th	Isaac Hunter	16:37
5th	Hiroki Holmes	17:50
6th	Tim Patterson +4	18:33
7th	Ben Freer	18:47
8th	Joyce Woffindin	19:57
9th	Josh Watkins	23:54
10th	Anna Watkins	24:07
11th	Nicola Smith	24:22
12th	Lillie Woodall +1	24:32
13th	Myrtle Ashworth	24:53
14th	Sophie Crawford	25:50

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info