



## Upcoming Fixtures....

**THIS WEEK Thur 30 November, Lodore Woods.** The fifth event of the night series in wonderful woodland, which is very technical for the senior courses. The area is close to Loweswater. Starts 5.45 to 7.15pm. Cost £3.50/£2.

**Thur 7 December, Holme Wood.** Night event in the woods on the shore of Loweswater. Long, short and novice courses. Near Cockermouth. Cost £3.50/£2. Starts 5.45 to 7.15pm.

**Thur 14 December, Sale Fell.** Night event on the fells near Embleton. Long, short and novice courses. Near Cockermouth. Cost £3.50/£2. Starts 5.45 to 7.15pm.

**Sat 16 December, Whinlatter.** Coaching session in Whinlatter Forest. This is the Xmas special, so there will be balloons involved (probably!). Don't forget to book your place with Lynne. See website.

### Welcome back to renewing Members

It is that time of year. You may have received your renewal reminder from British Orienteering by now. Just £10 per senior and £3.30 per junior is the cost for your 2018 membership. WCOC has a zero fee, and NWOA raise funds directly from each club. WCOC relies on income generated from events to run our activities.

Please rejoin as soon as you can, as the main benefit to the club is the insurance cover that comes with your membership.

### and at the weekend.....

Unfortunately we had to cancel the Bleaberry Galoppen. The electricity people had dug a hole in the road leading to the parking and designated the road as 'closed'. Many thanks to Alan Irving (planner), and Chris Emerson & Andy Rodger (organising) for all their efforts.

Thanks to Michael Billingham for a great urban sprint on Saturday around Cockermouth.

Thanks to Catherine Wetherfield & Lesley Wornham for organising a great 'fiftieth' dinner on Saturday night.

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!  
<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

### Anniversary Year Quiz

Fifty clues for 'Tarns, Lakes, Waterfalls and Fells of Cumbria'. They can all be found on the NW, SW, NE and SE Outdoor Leisure maps of the Lake District.

48. (NW) The maid churned here (10)

Retain your answers till the end of the year. Prizes for highest scores.

### Setmurthy 23.11.2017

(Selection from the results.)

Long

1st	Alastair Thomas	38:57
2nd	Daniel Spencer	54:04
3rd	Niamh Hunter	55:00
4th	David Spencer	55:48
5th	Joe Hudd	58:46
6th	Dan Parker	60:05
7th	Joe Sunley	60:37
8th	Joseph Goodwin	61:27
9th	Michael Billingham	62:39
10th	Mike Harrison	63:21
11th	Ian Cumpstey	64:52
12th	Jeff Goodwin	66:26
13th	John Taylor	67:03
14th	Louis Morris	71:40
15th	Steven Breeze	80:18
16th	Chris Pollitt	88:39

Short

1st	Susan Skinner	44:10
2nd	Chris Emerson	53:40
3rd	Roger Jackson	55:16
4th	Richard Davey	56:32
5th	Thomas Woolley	57:19
6th	Anne Burbidge	57:53
7th	Richard Cummings	58:50
8th	Deborah Goodwin	59:37
9th	John Bacon	59:52
10th	Isabel Berry	62:53
11th	Jonty Goodwin	69:17
12th	Janette McHendry	73:22
13th	Clare Rodger	77:04
14th	Andrew Stevens	79:14
15th	Suzy Hankin	79:35
16th	Elizabeth Elliott	84:14

Novice

1st	Issac Hunter	27:46
2nd	Myrtle Ashworth	32:00
3rd	Sam McLoughlin	39:30
4th	AJ Stannett	40:06
5th	Emma Crawford	40:52
6th	Jane Hunter	47:25
7th	Stuart Norton	62:29
8th	Josh & Neil Watkins	62:31