



Upcoming Fixtures....

THIS WEEK Thur 15 February, Broom Fell (South). Night event on area around Lords Seat. Long, short and Night Hawk courses. Near Braithwaite. Cost £3.50/£2. Starts 5.45 to 7.15pm

Sun 18 February, Setmurthy. Small forest close to Cockermouth. Informal event with long, short and easy courses. Cost £3.50/£2. Starts 11am to Noon.

Thur 22 February, Silloth Golf Course & Dunes. Brand new area and map containing a large section of complex dunes. Food available in club house. Long, short and novice courses. Cost £3.50/£2. Starts 6 to 7.15pm. Night Series Finale.

Thur 1 March, Derwent Hill. Start of the Spring Series. Sprint event, with long and easy courses. Near Keswick. Cost £3.50/£2. Starts 5.45 to 7.15pm

POM 2018

The Irvings and the Hudds have chosen to orienteer in southern Portugal at the weekend. Wonder if they got good weather! Caitlin and Joe have had good runs (top 20's), but with 2000+ competitors the results sheet is very long!

Coaching....

There will be a short coaching session (10am to 11am) before the Setmurthy informal event, for anyone interested. You can practice skills and then put them into action on the course! Contact Lynne so that sufficient maps and coaching is available.

Winter is here.....

Access to events and running conditions can be challenging, and it is advised therefore that gaiters should be carried (perhaps in a bumbag), hat & gloves, along with a whistle, and a bivvy bag if you have one. Stay safe, and keep the organiser stress free. Conditions can change quite quickly and every effort will be made to advise of cancellation on the website if the event can't go ahead. Please check before you leave.

Twitter. You can follow @WCOC2014

Black Beck Galoppen

34 club members took part at the weekend at the first Galoppen event of the 2018 series.

Brown			
2nd	Alastair Thomas	M18	67:33
7th	Steve Birkinshaw	M50	78:58
10th	Niamh Hunter	W18	89:52
15th	Ben Breeze	M18	104:21
Blue			
1st	David Spencer	M45	54:08
2nd	Michael Billinghamurst	M55	56:31
11th	Howard Leslie	M55	63:44
Green			
5th	Ian Teasdale	M55	60:23
11th	Susan Skinner	W50	64:30
14th	Chris Emerson	M60	68:02
18th	Richard Cummings	M55	71:17
19th	Michael Pearson	M70	71:23
20th	Rosie Spencer	W16	71:31
Short Green			
4th	Kim Leslie	W55	60:37
8th	Catherine Wetherfield	W50	73:25
9th	Matthew Birkinshaw	M12	74:15
15th	Elizabeth Elliott	W65	93:29
Light Green			
1st	Herbie Ashworth	M14	38:04
2nd	Wilfrid Teasdale	M14	39:59
Orange			
11th	Isaac Hunter	M12	62:10

Wasdale 08.02.2018

(Selection from the results.)

Long			
1st	Alastair Thomas	M18	30:31
2nd	Ben Goodwin	M18	40:33
3rd	David Spencer	M45	44:02
4th	Jeff Goodwin	M55	46:45
5th	Mike Harrison	M45	47:00
6th	John Taylor	M55	51:16
7th	Joe Sunley	M16	55:10
8th	Chris Pollitt	M55	56:00
9th	Kate Charles	W45	61:24
10th	Simon Woodbury		64:32
11th	Ange Jackson	W40	65:23
12th	Lynne Thomas	W45	69:15
Short			
1st	Rosie Spencer	W16	35:20
2nd	Sarah Taylor-Brown	W40	41:25
3rd	Chris Emerson	M60	41:55
4th	Anne Burbidge	W55	46:31
5th	Richard Cummings	M55	48:10
6th	Roger Jackson	M70	52:32
7th	Ann Cummings	W55	60:26
8th	Elizabeth Elliott	W65	77:35
9th	Janette McHendry	W45	87:20