



Upcoming Fixtures....

THIS WEEK Thur 10 May, Dalegarth West. A trip into Eskdale to one of our best areas. Wonderful. Long & short courses only. Cost £3.50/£2. Starts 5.45 to 7.15pm

Sun 13 May, Newton Fell Galoppen. LOC are staging this one. Usual courses, Yellow to Brown. Starts from 10.30am to 12 Noon. See LOC website for details of parking, cost etc.

Thur 17 May, Sale Fell. A very popular venue near Embleton. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Wed 23 May, Bike-O Keswick Start of the Allerdale Bike Challenge series. See www.bmbo.org.uk

Thur 24 May, Great Mell Fell. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

2018 Galoppen

We are well into the series now, with some great venues still to come. Try and get your FIVE scores on your chosen colour coded course. We have a trophy to defend!

Date	Club	Venue
11 February	LOC	Black Beck
25 March	SROC	Farleton Knott
8 April	BL	Knipe Scar Common
29 April	WCOC	High Rigg
13 May	LOC	Newton Fell (prov)
3 June	WCOC	Wythop Valley
15 September	BL	Swindale North
16 September	WCOC	Whinlatter
11 November	LOC	Holme Fell (prov)
25 November	WCOC	Leaps Beck

Fundraising for Junior Teams.

Many congratulations to all the juniors who have been selected for teams (International, Domestic & Tours). Our fund raising activities have been really good this year with the fund several thousand pounds the richer. Thanks to all those involved. We very much hope to significantly improve on this and would welcome any ideas and help to achieve the goal. Please get involved.

Twitter. You can follow @WCOC2014

Allerdale Bike Challenge

The 2018 series of five events starts on Wednesday 23rd May, with the first based on the Keswick area. The events are suitable for road bikes and use a score event format with electronic punching. Enter via the website www.bmbo.org.uk

High & Low Hows 03.05.2018

(Selection from the results.)

Long		
1st	Alastair Thomas	35:52
2nd	Joe Hudd	37:56
3rd	David Spencer	39:02
4th	Steve Birkinshaw	40:28
5th	Ben Goodwin	41:13
6th	Jeff Powell Davies	42:25
7th	Ben Breeze	43:05
8th	Charlie Rennie	43:08
9th	Niamh Hunter	44:19
10th	Jamie Rennie	45:11
11th	Ian Cumpstey	45:34
12th	Michael Billinghamurst	45:50
13th	Alan Irving	46:09
14th	John Noblett	46:23
15th	Andrew Bradley	47:09
16th	Keith Tonkin	48:48
17th	Howard Leslie	51:04

Short		
1st	Jessica Breeze	44:41
2nd	Roger Jackson	44:42
3rd	Stuart Crawford	49:44
4th	Ruben Razzetti	53:34
5th	Richard Cummings	54:40
6th	Deborah Goodwin	59:19
7th	Tony Duncan	63:23
8th	Ann Cummings	63:34
9th	David Fenwick	63:39
10th	Jane Yates	65:23
11th	Janette McHendry	70:17
12th	Mike Cumpstey	71:37
13th	Elizabeth Elliott	72:48
14th	Helen Rennie	78:11
15th	Joan Cumpstey	78:31
16th	Jenny Wren	78:47

Novice		
1st	Daisy Rennie	11:01
2nd	Hiroki Holmes	16:11
3rd	Isaac Hunter	16:13
4th	Emma Crawford	17:20
5th	Natalie Hawkrigg	18:04
6th	Sophie Crawford	22:19
7th	Tom Hope	25:24
8th	George Rennie	27:19
9th	Freya Hope	27:31