



Upcoming Fixtures....

THIS WEEK Thur 31 May, Blea Tarn. A second trip into Eskdale to one of our best areas. Wonderful. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Sun 3 June, Wythop Valley Galoppen. We are staging this one. Usual courses, Yellow to Brown. Starts from 10.30am to 12 Noon. See website for details of parking, cost etc.

Wed 6 June, Bike-O. The second event of the series, based on Rowrah. Enter via www.bmbo.org.uk

Thur 7 June, Gillerthwaite. A visit to Wild Ennerdale!. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 14 May, Bleaberry Fell. Open fell. Long, Short & Novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Cumbrian Galoppen standings

The Current standings following the fifth event of the 2018 series on Newton Fell will be published shortly on the www.lakes-o.com page. WCOC runners are dominating six of the seven colour courses; Simon Hunter (Brown), David Spencer (Blue), Michael Pearson (Green), Catherine Wetherfield (Short Green), Wilfrid Teasdale (Light Green), Isaac Hunter (Orange) and George Rennie (Yellow). They may not stay there for long! Quite a few other WCOC runners are performing really well in the top ten positions.

The Borrowdale Trophy competition depends on runners having FIVE scoring runs. So, it is important to achieve five good runs over the year to generate one of the top scores in the Galoppen table. The top FIVE WCOC runners on each of the colour coded courses produce an overall points total. Things are looking good, but LOC are also competing strongly, and we need to be wary of their progress.

The Wythop Galoppen this coming weekend is your opportunity to improve your overall score. Good luck!

Twitter. You can follow @WCOC2014

Allerdale Bike Challenge

The 2018 series of five events has started. The events are suitable for road bikes and use a score event format with electronic punching. Enter via the website www.bmbo.org.uk

Eskdale this week!

This Thursday's evening event is on Blea Tarn in Eskdale. A great venue with tough navigational challenges. The planner, Andrew Bradley, has provided a novice course as well, so everyone is catered for. Don't miss the opportunity to orienteer on some of our best terrain. If this weather continues you will definitely need plenty of water! And, hopefully no thunderstorms!

Mell Fell 24.05.2018

(Selection from the results.)

Long

| | | |
|------|------------------|--------|
| 1st | Matthew Vokes | 49:21 |
| 2nd | Steve Birkinshaw | 53:07 |
| 3rd | Dan Parker | 64:04 |
| 4th | Andrew Bradley | 69:20 |
| 5th | Karen Parker | 69:39 |
| 6th | Alan Hartley | 69:47 |
| 7th | Ian Cumpstey | 70:35 |
| 8th | Joseph Goodwin | 71:12 |
| 9th | Nicholas Evans | 75:47 |
| 10th | Ben Goodwin | 85:09 |
| 11th | Pete Nelson | 86:36 |
| 12th | Stephen Eastley | 106:40 |

Short

| | | |
|------|-----------------------|--------|
| 1st | Richard Cummings | 52:44 |
| 2nd | Ian Teasdale | 59:03 |
| 3rd | Jenny Wren | 63:59 |
| 4th | Roger Jackson | 66:36 |
| 5th | Chris Emerson | 70:03 |
| 6th | Catherine Wetherfield | 75:51 |
| 7th | Ann Cummings | 76:34 |
| 8th | Charlie Rennie | 77:26 |
| 9th | Joan Cumpstey | 78:29 |
| 10th | Philip Nichols | 82:19 |
| 11th | Mike Cumpstey | 85:50 |
| 12th | Elizabeth Elliott | 86:56 |
| 13th | Helen Rennie | 96:16 |
| 14th | Jonty Goodwin | 107:23 |
| 15th | Henry Teasdale | 108:46 |

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>