



Upcoming Fixtures....

THIS WEEK Wed 4 July, Bike-O. The fourth event of the series, based at Branthwaite. Enter via www.bmbo.org.uk

Thur 5 July, Whoap. Part of Kinniside Common, near Ennerdale. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 12 July, Parish Relays. Teams of three complete seven different courses, with two runners out at any one time. A great fun event. This year the venue is High Park on the side of Crummock Water near Scale Hill.

Thur 19 July, Darling How. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Schools Final at Camerton

Many thanks to the group of club members who helped at the School Final last Thursday at Camerton Meadows. Warm sunshine didn't dampen the competitive edge and some very fast times were recorded. Prizes were awarded for the League and the competition on the day. Thanks to Rosie and Lily for presenting the prizes. Almost 200 took part and many were full of thanks for a great day.

European Youth Orienteering Champs

Good run by Alastair Thomas (18th) at EYOC Sprint in Bulgaria at the weekend. Daniel was 54th Niamh 35th in W18. 100+ runners in each of the age classes, & all top runners! Another good set of solid results from Alastair (14th), Daniel (36th) and Niamh (24th) in EYOC Long. In the relay Alastair and Daniel finished in 12th and Niamh finished in 13th. Very impressive, consistent results from them. Onwards to JWOC! Good luck guys.

Parish Relays.

Please register your relay team by replying to this EMAIL. A set of maps needs to be printed for each team, so knowing this in advance assures that there are enough maps to go round. A great event. Don't miss out!

Twitter. You can follow @WCOC2014

Saunders MM

A good handful of club members took part in the Saunders Lakeland Mountain Marathon at the weekend. Very hot conditions! Matthew Vokes + brother were an impressive third on Bowfell. Hannah Bradley + partner were 2nd on Kirkfell, with John & Kate 8th. On Bedafell family team, Caitlin & Alan Irving were 6th

Whinlatter Fell 28.06.2018

(Selection from the results.)

Long

1st	Matthew Vokes	43:30
2nd	Rhys Findlay-Robinson	44:50
3rd	Joe Hudd	45:51
4th	Charlie Rennie	49:16
5th	Mike Harrison	50:14
6th	Joe Sunley	51:21
7th	Andrew Bradley	54:53
8th	Ian Cumpstey	56:00
9th	Raymond Wren	59:41
10th	Mark Pearson	60:12
11th	Pete Nelson	61:04
12th	Howard Leslie	61:39
13th	Oliver Heron-Southward	65:47
14th	Ben Breeze	66:30
15th	John Taylor	71:56
16th	Bob Barnby	72:02
17th	Ange Jackson	77:31
18th	Tom Partington	80:02
19th	Nick Moore	81:15
20th	Victoria Haworth	83:10

Short

1st	Ian Teasdale	55:52
2nd	Chris Emerson	57:23
3rd	Ian Lowles	64:48
4th	Ian Barker	65:13
5th	Vanessa Brierley	66:30
6th	Jenny Wren	67:16
7th	Chris Lates	68:47
8th	Richard Cummings	70:07
9th	Elizabeth Elliott	75:13
10th	Rosie Spencer	76:33
11th	Lily Regan	77:57

Novice

1st	Daisy Rennie	20:30
2nd	Hiroki Holmes	23:49
3rd	Sophie Smith-Jackson	32:51
4th	Matthew Smith-Jackson	33:01
5th	Ruth Carter	33:39
6th	George Rennie	34:21