



Upcoming Fixtures....

THIS WEEK Thur 23 August, Hawse End. Lovely piece of woodland on the shores of Derwentwater. Long, short & novice courses. The event will be a score event, collecting the required number of controls as fast as possible. There will be a MASS START at 6.30pm to make it more competitive! The start and finish are both close to registration and the linear parking. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 30 August, Whinlatter Finale. The last of the summer series, with presentation of prizes/ trophies in the pub afterwards. Long, short & novice courses. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 6 September, Maryport. Start of the Autumn Sprint Series using the Glasson Coastal Park. Long & short courses with winning times of 15 minutes or so. Easy, fast orienteering. Cost £3.50/£2. Starts 5.45 to 7.15pm

Thur 13 September, Marron Leys. A maturing woodland, planted a decade ago. Long & short courses with winning times of 15 minutes or so. Easy, fast orienteering. Cost £3.50/£2. Starts 5.45 to 7.15pm

Double Header Weekend Galoppens.

Two Galoppens on 15/16 September. BL are using Swindale North, to match our event on High Brow (near Dockray). Two great technical open areas to test your skills.

Autumn & Winter Fixtures

Mike Harrison has published his proposed list of venues for the Autumn Sprint Series and the first half of the Winter Night Series. There is plenty of scope for you to get involved in the planning process, and help stage one of our Thursday evening events. If it is your first foray into the planning of events you can ask someone to help you through the process. It is a good idea to have some help with checking of control sites, and help on the night.

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!
<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

High Brow Galoppen

The RED team are organising this one. Team Leader Chris Emerson would like to hear from any Red Team members who are available and can take on one of the tasks to get the event off the ground.

Longlands 16.08.2018

(Selection from the results.)

Long

1st	Matthew Vokes	40:04
2nd	Jack Eyre	41:22
3rd	David Spencer	46:30
4th	Joe Hudd	48:48
5th	Simon Hunter	49:44
6th	Jeff Powell Davies	51:55
7th	Mike Harrison	53:34
8th	Nicholas Evans	55:10
9th	Jeff Goodwin	59:22
10th	Steven Breeze	61:48
11th	Raymond Wren	64:33
12th	Kate Charles	64:56
13th	Mark Collins	65:57
14th	Mike Hind	68:34
15th	John Worth	68:57
16th	Mark Pearson	69:55
17th	Chris Pollitt	70:31
18th	Bob Barnby	72:05
19th	Isabel Berry	73:17
20th	Ben Bardsley	73:32

Short

1st	Wilfrid Teasdale	27:54
2nd	Chris Emerson	29:18
3rd	Peter Hudd	29:46
4th	Steve Holmes	29:49
5th	Ian Teasdale	30:22
6th	Roger Thomas	34:56
7th	Ian Barker	35:51
8th	Tony Duncan	35:53
9th	Richard Cummings	37:33
10th	Howard Leslie	37:35
11th	Ruben Razzetti	37:37
12th	Roger Jackson	38:01
13th	Anne Burbidge	38:33
14th	Henry Teasdale	39:15
15th	David Rawle	39:41
16th	Mike Cumpstey	42:14
17th	Jenny Wren	43:06
18th	Chris Lates	43:23
19th	Janet Evans	44:04
20th	Catherine Wetherfield	44:11

Easy

1st	Isaac Hunter	22:27
2nd	Ian Cumpstey	29:24
3rd	Hiroki Holmes	40:12