



### Upcoming Fixtures....

#### **THIS WEEK** Thur 17 January, Grange.

Grange in Borrowdale, with parking in the Bowderstone car park. Long, Short, and Nighthawk courses. Cost £4/£2. Starts 5.45 to 7.15pm

#### **Thur 24 January, Buttermere.** Lovely little

wooded area and open fellside close to the village. Cost £4/£2. Starts 5.45 to 7.15pm.

#### **Thur 31 January, Leaps & Godworth.** Cost

£4/£2. Open fellside. Long, Short, and Nighthawk courses. Cost £4/£2. Starts 5.45 to 7.15pm

#### **Sun 10 February, Cumbrian Galoppen at**

**Hawse End** First event of the 2019 series. Start of the defence of the Borrowdale Trophy. Usual colour coded courses. Lovely woodland on the shores of Derwentwater. Cost £7/£3. Starts 10.30am. White team are organising so offer your help if you can.

#### **MTBO event**

There will be a score event on Sunday, 3<sup>rd</sup> Feb from Lorton. Details are on the website [www.bmbo.org.uk](http://www.bmbo.org.uk) Enter online.

#### **Welcome to New Members**

Claire Boothroyd (W50) and Ash Boothroyd (M10), Mark Purkis (M21)

#### **Beer Trail 2018-19**

The Rennie family have very kindly taken on this task for this year and have a long and short course available. The usual format; see the website for the parking and first control grid reference. At each control you will get the grid reference for the next control, until finally finding out where the cache (beer, soft drink or chocolate) can be found. The course will be open till the end of January, so there should be plenty of opportunity to have a go. You don't have to register to do the course, which means that no one knows you are out there. Please take care.

**Twitter.** You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

<http://www.facebook.com/pages/West-Cumberland-Orienteering-Club/165760043481944?v=info>

#### **Sunday Informal at Slate Fell**

Thanks to Clare Rodger for the planning, with David and Dad, Andy helping out. A great turnout made it all worthwhile. The Easy course was well subscribed with many younger juniors and families having a go. Once again the three farmers, whose land we use, were more than helpful with permissions. Thanks to them.

#### **Latrigg 10.01.2019**

(Selection from the results.)

Long		
1st	Carl Bell	32:22
2nd	Joe Sunley	34:25
3rd	Graham Patten	34:32
4th	Ben Goodwin	35:47
5th	Phil Winskill	36:12
6th	Steve Birkinshaw	36:14
7th	Herbie Ashworth	36:42
8th	John Slater	37:47
9th	Chris Naylor	38:20
10th	Sam Stead	38:26
11th	Jeff Powell Davies	38:34
12th	Alan Irving	39:11
13th	Niamh Hunter	39:45
14th	Simon Goodwin	40:39
15th	Joseph Hunter	41:03
16th	Caitlin Irving	42:09
17th	Andrew Bradley	42:55
Short		
1st	Wilfrid Teasdale	31:04
2nd	Ruben Razzetti	34:30
3rd	Ian Teasdale	39:44
4th	Billy Strong	41:11
5th	Peter Strong	41:16
6th	Natalie Hawkrigg	41:57
7th	Roger Jackson	42:13
8th	Clare Rodger	42:53
9th	Scott Ashworth	43:57
10th	Emma Crawford	45:11
11th	Myrtle Ashworth	45:28
12th	Jessica Breeze	49:06
13th	Vanessa Brierley	50:21
14th	Deborah Goodwin	54:03
15th	Luke Williamson	55:00
16th	Andy Williamson	55:04
17th	Caitlin Pearson	55:10
Nighthawk		
1st	Janette McHenry	48:55
2nd	Andy & Jack Proctor	51:23
3rd	Daisy Rennie	55:00
4th	Sophie Crawford	55:42
5th	George Rennie	59:26
6th	Team Brambles	79:21