



Upcoming Fixtures....

THIS WEEK Wed 15 May, Allerdale Bike Challenge First event of the 2019 series. See bmbo website for details and entry.

Thur 16 May, Sale Fell Great open fell close to Embleton. Third event of the Summer Series. Long, short and Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

Thur 23 May, Honister Combe A new area and new map drawn by Mike Hind. Just below Honister quarry with plenty of contour detail. Long, short and Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

Thur 30 May, Mell Fell A popular fell near Troutbeck. Great views if we are lucky with the weather. Long, short and Novice courses. Cost £4/£2. Starts 5.30 to 7pm.

Allerdale Bike Challenge

The 2019 series is about to get underway. These are score events with about 25 control points (SI) spread out over a large area. The event is suitable for all types of bike, with all routes using tarmac surfaces. Tony and Angela Brand-Barker are organising again this year. Entries are made via www.bmbo.org.uk, which is cheaper than EOD. Maps for EOD will not be unlimited, but there will be some available. Email Tony to book a map. The series consists of five events, with the first one based in Keswick. Always very social with an after event venue available.

Major Fixtures coming up.

The club has agreed to put on the Peter Palmer Relays in September 2020. The organising team is being put together at the moment, so if you would like to be involved please contact the chair, Steve Breeze.

NWOA have also been asked to stage the British Sprint Champs and the Mixed Sprint Relays in 2020. The venue has been chosen and SELOC are the lead club. Anyone interested in being involved?

BOC2021 (?) is also coming up, with NWOA the host region.

Twitter. You can follow @WCOC2014

Keep an eye on the Facebook page for Club goings-on!

[West Cumberland Orienteering Club Facebook Page](#)

Yvette Baker Trophy

The qualifier event for the 2019 YBT was staged by PFO in Aitken Wood. A very young team from the club competed, with many of the older juniors working on their upcoming exam preparation. Many of these juniors have been prominent on recent Novice courses. The nine counting runners scored 890 points, ending up in joint first place with MDOC. The final will be held near Kings Lyn at Sandringham on July 7.

High Rigg 09.05.2019

(Selection from the results.)

Long

1st	Sam Stead	40:55
2nd	Daniel Spencer	41:12
3rd	Alastair Thomas	42:59
4th	Chris Naylor	44:24
5th	Ben Breeze	44:29
6th	Steve Birkinshaw	45:09
7th	Simon Hunter	46:11
8th	Phil Winskill	46:33
9th	Charlie Rennie	48:56
10th	Mike Harrison	49:41
11th	Niamh Hunter	50:53
12th	Alan Hartley	51:06
13th	Ben Goodwin	51:12
14th	Jeff Powell Davies	51:35

Short

1st	Callum Cauldwell-Story	36:06
2nd	Wilfrid Teasdale	37:24
3rd	Ruben Razzetti	38:22
4th	Robert Smith	38:28
5th	Steve Holmes	38:32
6th	Caitlin Pearson	40:23
7th	Clare Rodger	40:40
8th	Rosie Spencer	42:47
9th	Ian Teasdale	44:22
10th	Daisy Rennie	44:41
11th	Stuart Crawford	45:22
12th	Graham Capper	45:27
13th	Richard Cummings	46:21
14th	Emma Crawford	46:33

Novice

1st	Joss Evans	14:51
2nd	Maisie Evans	16:24
3rd	Hiroki Holmes	19:44
4th=	Daniel Heppell	23:57
4th=	Sophie Crawford	23:57
6th	George Rennie	25:15
7th	Andrew Mitchelhill	26:24