

**Autumn Sprints**  
**Long Course**

**2017**  
**3 Best events**    **Avg is average of all scores**    **Total is best**    **3**

Points for Castle park from three courses combined							Altonby	Vulcan's Park	Harris park	Memorial Gardens	Castle Park	Keswick
POS	Name	Class	Club	No.	Avg	Tot.	1	2	3	4	5	6
1	Joe Hudd	M14	WCOC	5	492	1498	500	481	498	479		500
2	Joe Sunley	M14	WCOC	6	486	1486	483	463	483	486	500	500
3	Daniel Spencer	M18	WCOC	3	494	1481	499	491				491
4	Ben Breeze	M18	WCOC	3	482	1447			480	472		495
5	Ben Goodwin	M16	WCOC	6	460	1436	468	450	437	438	480	487
6	Jamie Rennie	M45	LEI	5	463	1425		466	482	475	421	469
7	Niamh Hunter	W18	WCOC	4	468	1419	484	458	478			452
8	Louis Morris	M16	WCOC	3	465	1394	456		452			486
9	Charlie Rennie	M14	LEI	3	461	1384		450	448	486		
10	Joseph Goodwin	M18	WCOC	5	444	1372	472	428	453	419		447
11	Alan Irving	M50	WCOC	3	447	1341	452	434				455
12	Mike Harrison	M45	WCOC	3	445	1335			468	428		439
13	Caitlin Irving	W14	WCOC	3	443	1328	453	430	445			
14	Jeff Goodwin	M50	WCOC	4	437	1323	447	434	442			423
15	Steven Breeze	M45	WCOC	4	418	1274	439		413	421		400
16	Ian Teasdale	M55	WCOC	4	421	1274	422		413		439	409
17	Brett Malloy	M21	WCOC	4	403	1256		355	407	418		432
18	Angela Brand-Barker	W55	WCOC	4	396	1218	421		366	402		394
19	Chris Emerson	M60	WCOC	3	404	1213			387	404		423
20	Graham Watson	M55	WCOC	3	404	1211			410	396		405
21	Mike Schilling	M35	WCOC	4	385	1185	401	378	355			406
22	Roger Jackson	M70	WCOC	3	393	1179				383	406	389
23	Isabel Sunley	W12	WCOC	4	377	1163		343	402		404	356
24	Stuart Crawford	M45	WCOC	3	377	1132			364	375		392
25	Andrew Stevens	M40	WCOC	4	338	1043	347		352	308		345
26	Jonty Goodwin	M14	WCOC	4	327	1018	289	299	356	362		
27	Alastair Thomas	M18	WCOC	2	500	1000		500	500			
28	Matthew Vokes	M21	WCOC	2	499	998		498		500		
29	Zac Hudd	M18	WCOC	2	495	989		489				500
30	David Spencer	M45	WCOC	2	463	925	460					465
31	Deborah Goodwin	W55	WCOC	4	296	918	326	269		267		323
32	Michael Billingham	M55	WCOC	2	455	911	476		435			
33	Chris Regan	M45	WCOC	4	288	896	295	271	330	258		
34	Alex Crawford	W45	WCOC	3	294	882		301	329	253		
35	Jonathan Eaton	M55	WCOC	3	287	862		263	287	311		
36	Tom Carter	M21	WCOC	3	277	831				268	300	263
37	Howard Leslie	M55	WCOC	2	410	820		386	434			
38	Roger Thomas	M55	WCOC	2	405	811		389				421
39	Kate Charles	W45	WCOC	2	405	810				392	418	
40	Oliver Heron-Southward	M14	WCOC	2	403	806		377			428	
41	Rosie Spencer	W16	WCOC	2	400	801	400					401
42	Pete Nelson	M60	WCOC	2	399	799			430		368	
43	Paul Eaton	M20	WCOC	2	397	794			401	394		
44	John Taylor	M50	WCOC	2	379	757				347		410
45	Janette McHendry	W45	WCOC	3	245	735		184	295			257
46	Bob Barnby	M65	WCOC	2	364	727			375	352		
47	Mike Hind	M65	CLARO	2	363	727				362		365
48	Andy Rodger	M50	WCOC	2	363	727				296		430
49	Malcolm Ruckledge	M70	WCOC	2	323	646			325			320
50	Kim Leslie	W50	WCOC	2	320	641		307		334		
51	Elizabeth Elliott	W65	WCOC	4	200	624		177	203	244		176
52	Ruth Carter	W55	WCOC	4	157	549		170	203	80		177

53	Carl Bell	M21		1	489	489			489
54	Jeff Powell Davies	M35	BL	1	487	487			487
55	Phil Winskill	M40	WCOC	1	483	483			483
56	Steve Holmes	M45	WCOC	1	464	464			464
57	Ian Cumpstey	M40	JOK	1	463	463			463
58	chris naylor	M21	WCOC	1	456	456			456
59	Helen Winskill	W40	WCOC	1	452	452			452
60	Bob Dredge	M65	WCH	1	447	447			447
61	Herbie Ashworth	M14	WCOC	1	444	444		444	
62	Martin Skinner	M50	WCOC	1	442	442		442	
63	Caitlin Pearson	W21	CLOK	1	438	438	438		
64	John Slater	M45	WCOC	1	438	438			438
65	Lynne Thomas	W45	WCOC	1	436	436			436
66	Chris Freer	M45	WCOC	1	411	411			411
67	Susan Jackson	W21		1	404	404	404		
68	Lily Regan	W16	WCOC	1	399	399			399
69	Isabel Berry	W35	BL	1	396	396			396
70	Rachel Findlay-Rob	W21		1	389	389			389
71	John Bacon	M60	WCOC	1	387	387		387	
72	William Power	M45	SAX	1	385	385			385
73	mark collins	M55	DFOK	1	379	379			379
74	Chris Pollitt	M55	WCOC	1	379	379		379	
75	Tony Brand-Barker	M55	WCOC	1	374	374	374		
76	Debbie Thompson	W60	BL	1	360	360			360
77	Ange Jackson	W40	WCOC	1	357	357			357
78	Helen Rennie	W40	LEI	1	353	353		353	
79	Henry Teasdale	M14	WCOC	1	349	349		349	
80	Vanessa Brierley	W45	WCOC	1	347	347			347
81	Robert Jones	M21		1	343	343			343
82	Paul Tickner	M60	WCOC	1	338	338		338	
83	Philip Nichols	M60	BL	1	335	335	335		
84	Emma Crawford	W12	WCOC	1	334	334		334	
85	Anne Burbidge	W55	WCOC	1	328	328		328	
86	Isobel Greenwood	W16	WCOC	1	316	316		316	
87	Ellen Lister	W16	WCOC	1	305	305		305	
88	Steph Whyte	W40	WCOC	1	305	305			305
89	Fran McDonald	W65	WCOC	2	144	288		121	166
90	Joan Cumpstey	W65	BL	1	287	287			287
91	Jenny Brown			1	270	270		270	
92	Isobel Williamson	W65	LOC	1	248	248			248
93	Jane Hunter	W50	WCOC	1	218	218		218	
94	Brian Carey			1	217	217	217		
95	Nicky Carey			1	211	211	211		
96	Dave Walton	M65	LOC	1	179	179			179
97	Alice Kemp	W12	WCOC	1	144	144		144	
98	Nathan Kemp	M10	WCOC	1	0	0		0	
	Wilfrid Teasdale	M12	WCOC						
	David McCabe								
	Mike Cumpstey	M70	BL						

## Autumn Sprints

2017

## Short Course

## 3 Best events

Avg is average of all scores

Total is best

3

No points awarded for Castle Park

							Alloby	Vulcan's Park	Harris park	Memorial Gardens	Castle Park	Keswick
Pos	Name	Class	Club	No.	Avg	Tot.	1	2	3	4	5	6
1	Daisy Rennie	W12	LEI	3	443	1329		381	448	500		
2	Helen Rennie	W40	WCOC	3	389	1167		411	426			330
3	Isaac Hunter	M10	WCOC	3	366	1098	263	391	444			
4	Nathan Kemp	M10	WCOC	2	406	812	490	322				
5	Anne Burbidge	W55	WCOC	2	406	812	483					329
6	Alice Kemp	W12	WCOC	2	403	805	491	315				
7	Sophie Crawford	W10	WCOC	3	260	780			350	352		79
8	Emma Crawford	W12	WCOC	2	351	701		422				279
9	George Rennie	M10	LEI	2	323	645			329	317		
10	Matthew Smith-Jackson	M10	WCOC	2	282	565			320			245
11	Sophie Smith-Jackson	W10	WCOC	2	269	539			290			249
12	Jane Hunter	W50	WCOC	2	252	504				299		206
13	Brett Malloy	M21	WCOC	1	500	500	500					
13	Ian Teasdale	M55	WCOC	1	500	500		500				
13	Clare Rodger	W14	WCOC	1	500	500			500			
13	Owen Mills	M45	WCOC	1	500	500						500
17	Charlie Rennie	M14	LEI	1	484	484						484
18	Wilfrid Teasdale	M12	WCOC	1	483	483						483
19	caitlin irving	W14	WCOC	1	483	483						483
20	Carys Thomas	W14	WCOC	1	472	472						472
21	Oliver Heron-Southwarc	M14	WCOC	1	460	460						460
22	David Rodger	M16	WCOC	1	448	448						448
23	Dan Woodbury			1	444	444				444		
24	Sol Cooney			1	440	440				440		
25	Janette McHendry	W45	WCOC	1	432	432	432					
26	Jessica Breeze	W16	WCOC	1	428	428						428
27	Jack Woodall			1	399	399		399				
28	Jenny Brown			1	377	377			377			
29	Henry Teasdale	M14	WCOC	1	375	375						375
30	Oliver Lumb	M10	WCOC	1	369	369			369			
31	Thomas Lumb			1	355	355			355			
32	Tony Duncan	M70	WCOC	1	345	345						345
33	Jonty Goodwin	M14	WCOC	1	344	344						344
34	Unknown			1	338	338			338			
35	Jacob Nichols			1	333	333			333			
36	Rebecca Nichols			1	333	333			333			
37	Jasckson			1	332	332			332			
38	Emily Heron-Southward	W12	WCOC	1	328	328						328
39	Freya Bloomer			1	328	328			328			
40	Lucas		BEAVERS	1	321	321			321			
41	Joyce Hemingway	W55	WCOC	1	307	307						307
42	Simon		BEAVERS	1	304	304			304			
43	Shaun		BEAVERS	1	288	288			288			
44	Tommy Hardy			1	283	283			283			
45	Olivia Dandy			1	282	282			282			
46	Sean Liaw			1	278	278			278			
47	Leona Patterson			1	274	274			274			
48	Patrick		BEAVERS	1	266	266			266			
49	Jodie & Anna			1	258	258			258			
50	Jessica Golightly			1	248	248			248			
50	Tristram Patterson			1	248	248			248			
52	Ben Freer	M10	WCOC	1	238	238						238

53	Alfie Thwaite			1	230	230			230
54	Christine Irving	W45	WCOC	2	108	217	217	0	
55	Hiroki Holmes	M10	WCOC	1	195	195			195
56	Lucy Molineux			1	192	192			192
56	Simon Molineux			1	192	192			192
56	Maisy Molineux			1	192	192			192
59	Ernie Williams	M75	LEI	1	181	181			181
60	Julie Collins	W55	DFOK	1	179	179			179
61	Ged McCabe			1	179	179			179
62	Danny Beaty			1	176	176			176
63	Eve Walker			1	170	170			170
64	Ruth Walker			1	156	156			156
65	Regan Jukes			1	146	146			146
66	Debbie Watson	W55	WCOC	1	135	135			135
67	Moirra Knoery	W65	WCOC	1	91	91	91		
68	Daniel Foy			2	38	75			59
69	Sarah Underwood	W40		1	66	66			66
70	Jessica Cussack			1	48	48			48
71	Aidan Cussack			1	48	48			48
72	Jack Slaughton			1	45	45			45
73	Jack Christie			1	25	25	25		
74	Joanna		BEAVERS	1	14	14			14
75	Ben		BEAVERS	1	8	8			8
	Ruth Carter	W55	WCOC						
	Paterson Family								
	Lily Woodall								
	Steve Holmes	M45	WCOC						
	Chris Freer								
	Nell McKirk								
	David McKirk								
	Glynn Addicott								
	Sam Addicott								
	Keren Addicott								
	Lily Addicott								
	Troy Patterson								
	Josh Watkins								
	Sarah Ingledew								
	Lukas Ingledew								
	Angela Ruckledge	W70							
	Simon Sasin								
	Ben Goodwin	M16	WCOC						
	David Spencer	M45	WCOC						
	Kate Charles	W45	WCOC						

